



An Update on the US HIV Epidemic and Recent Strides in HIV Care

Boca Raton Regional Hospital
Grand Rounds – 22/10/2019

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Division of Infectious Diseases
Memorial Physician Group
Memorial Health Systems



BACKGROUND

- Jackson Memorial Hospital and U of M 2004-08
 - Internal Medicine and Pediatrics Residency 2004-08
- Baylor College of Medicine 2008-10
 - Infectious Diseases Fellowship
- Broward Community and Family Health Centers 2011-14
 - HIV Ryan White Program Director
 - ID, HIV, and Primary Care Physician
 - Broward Regional HIV Health Planning Council
 - Medical Committee Member
- Vilmed, Inc. 2012-14
 - Group inpatient ID practice



BACKGROUND

- FAU College of Medicine Internal Medicine Residency 2014-17
 - Associate Program Director
 - Assistant Professor of Clinical Biomedical Sciences
- Memorial Physician Group Division of Infectious Diseases 2017-present
 - Inpatient and outpatient general ID
 - Outpatient Ryan White Grant Part A funded clinic
 - Inpatient and outpatient solid organ and bone marrow transplant ID
 - Antibiotic Stewardship Committee
 - MHS Internal Medicine Residency ID Rotation Director
- I have no financial disclosures.



OVERVIEW OF PRESENTATION

- Update on the epidemiology of HIV/AIDS in the US.
- Racial/Ethnic health disparities in HIV/AIDS epidemic.
- Update on the epidemiology of HIV/AIDS in Florida.
- Update on DHHS recommended anti-retroviral treatment.
- Dual Treatment
 - Carbotegravir
- Recent Agents
 - Ibaluzimab
- Novel Therapy
 - CRSPR
- UD=UT



ABBREVIATIONS USED

- AIDS – Acquired Immunodeficiency Syndrome
- ART – Anti-Retroviral Treatment
- ARV – Anti-Retroviral Medications
- HIV – Human Immunodeficiency Virus
- InSTI – Integrase Strand Transfer Inhibitor
- NRTI – Nucleotide/side Reverse Transcriptase Inhibitor
- NNRTI – Non-nucleotide/side Reverse Transcriptase Inhibitor
- PLWHIV – People Living With HIV
- Antiretroviral medication nomenclature
 - Trade Name: *Tivicay*
 - Generic Name: Dolutegravir
 - Abbreviation: DTG



EPIDEMIOLOGY

What is the current status of the HIV/AIDS epidemic in the US?
How has it changed over time?



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HIV



Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

[HIV](#) > [Statistics Center](#)

HIV

HIV Basics

HIV by Group



HIV Risk and Prevention



HIV Testing



Research



Policy, Planning, and
Strategic Communication



Program Resources



HIV Funding and Budget



HIV Guidelines



Training and Conferences



Statistics Center



Statistics Overview



HIV surveillance reports disseminate data about HIV and AIDS—for example, the number and population rates of HIV diagnoses, the number of people with HIV, and the number of people receiving HIV medical care.

Unless otherwise noted, the following data are from CDC's [HIV Surveillance Report: Diagnoses of HIV Infection in the United States and Dependent Areas, 2017; vol. 29](#) .



DIAGNOSED HIV INFECTIONS IN US

What is the current status of the HIV/AIDS epidemic in the US?
How has it changed over time?

- In 2016, 1,008,929 people were living with diagnosed HIV infection.

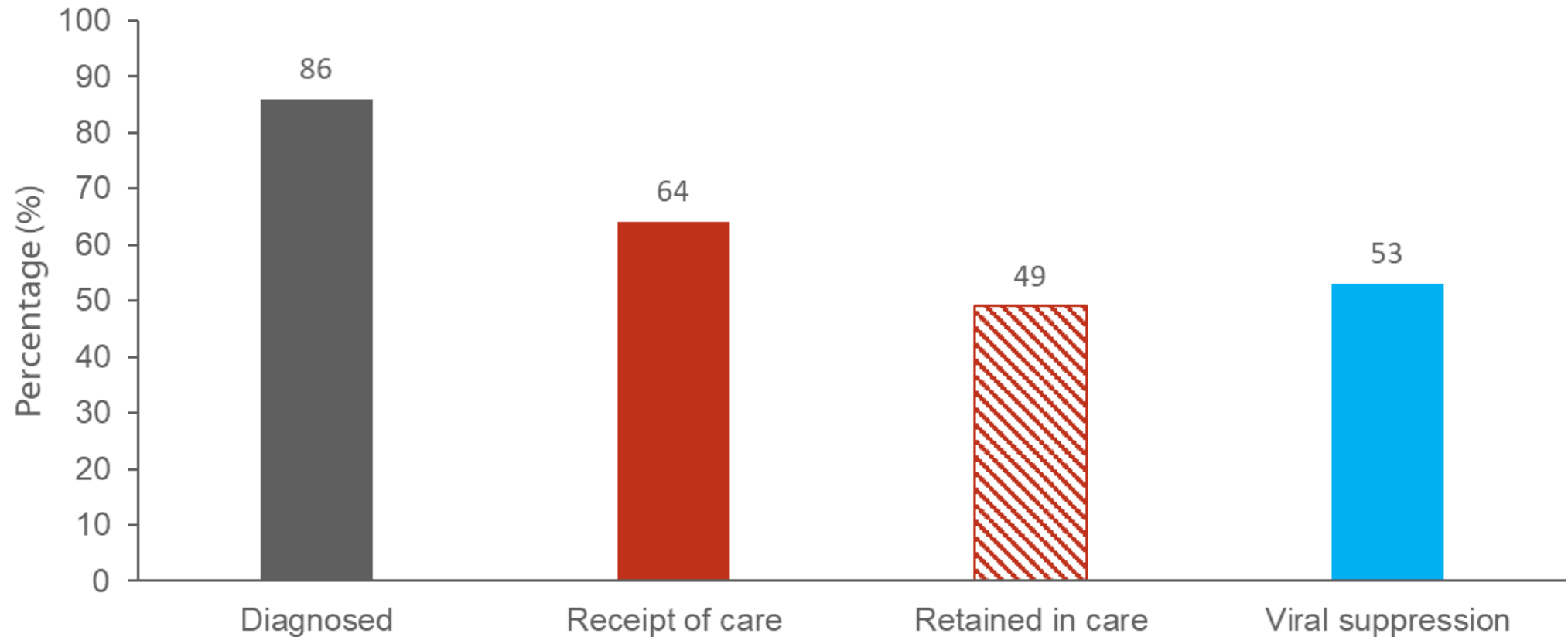


DIAGNOSED HIV INFECTIONS IN US

What is the current status of the HIV/AIDS epidemic in the US?
How has it changed over time?

- In 2016, 1,008,929 people were living with diagnosed HIV infection.
- In 2017, 38,739 people received an HIV diagnosis in the US.
 - The annual number of new HIV diagnoses remained stable between 2012 and 2016.

Persons Living with Diagnosed or Undiagnosed HIV Infection HIV Care Continuum Outcomes, 2016 US

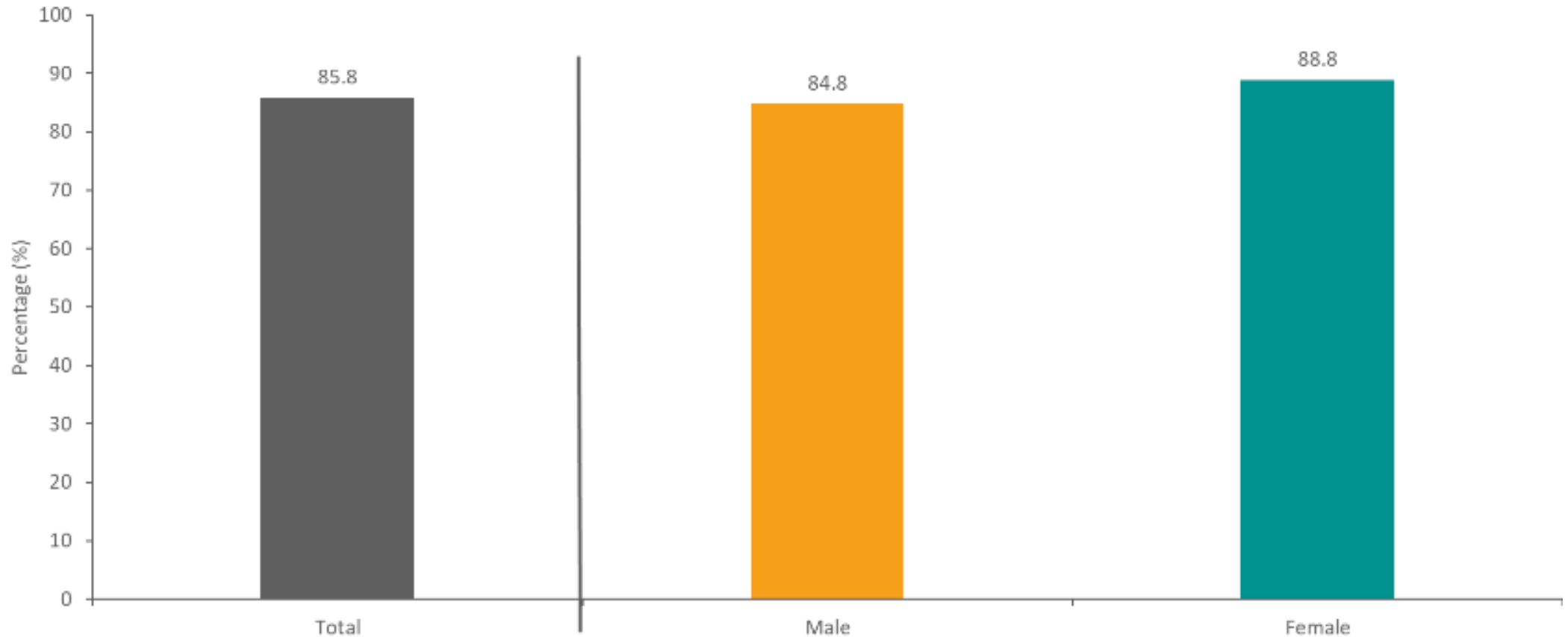


Note. Receipt of medical care was defined as ≥ 1 test (CD4 or VL) in 2016. Retained in continuous medical care was defined as ≥ 2 tests (CD4 or VL) ≥ 3 months apart in 2016. Viral suppression was defined as < 200 copies/mL on the most recent VL test in 2016.

<https://www.cdc.gov/hiv/statistics/overview/index.html>



Diagnosed Infection among Persons Aged ≥ 13 Years Living with Diagnosed or Undiagnosed HIV Infection, by Sex, 2016 US

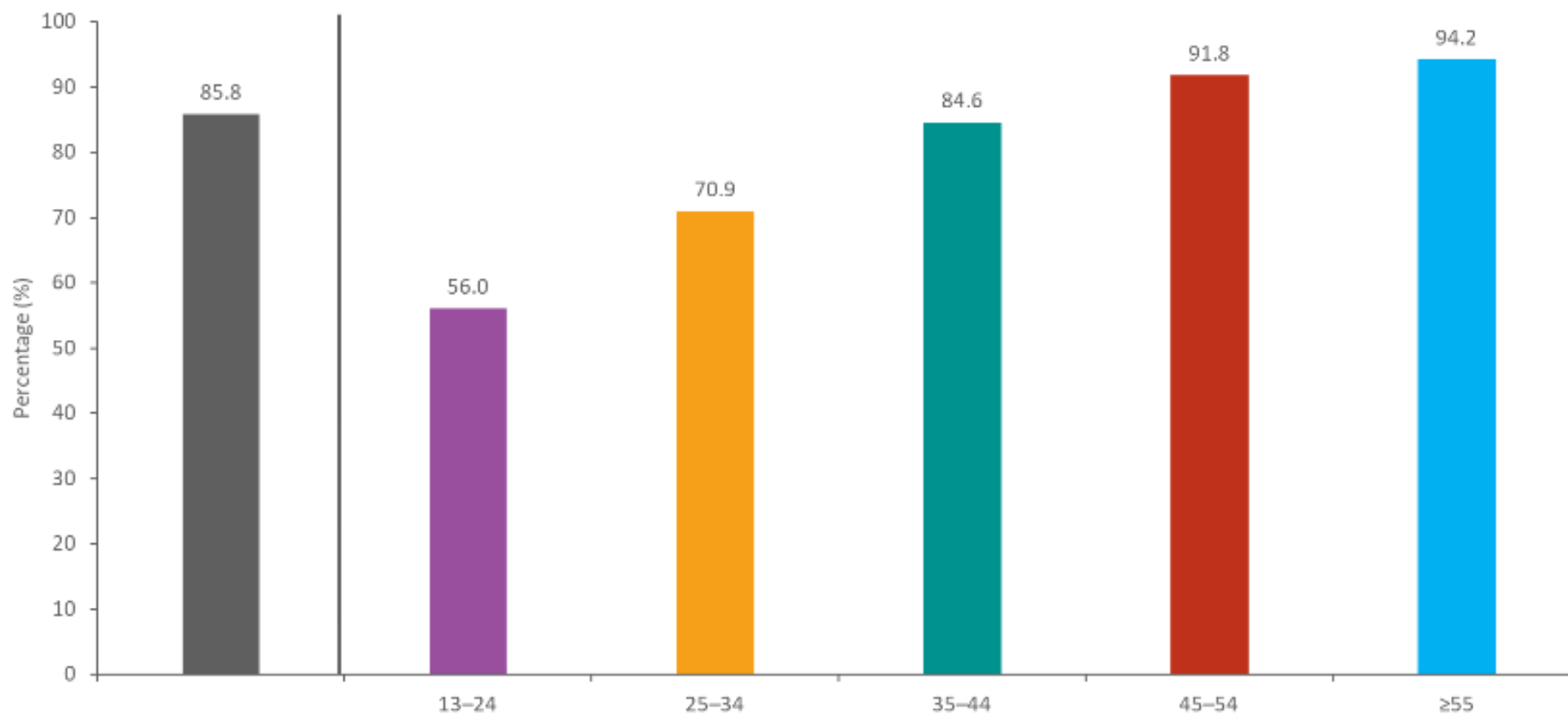


Note. Estimates were derived from a CD4 depletion model using HIV surveillance data.

<https://www.cdc.gov/hiv/statistics/overview/index.html>



Diagnosed Infection among Persons Aged ≥ 13 Years Living with Diagnosed or Undiagnosed HIV Infection, by Age, 2016 US

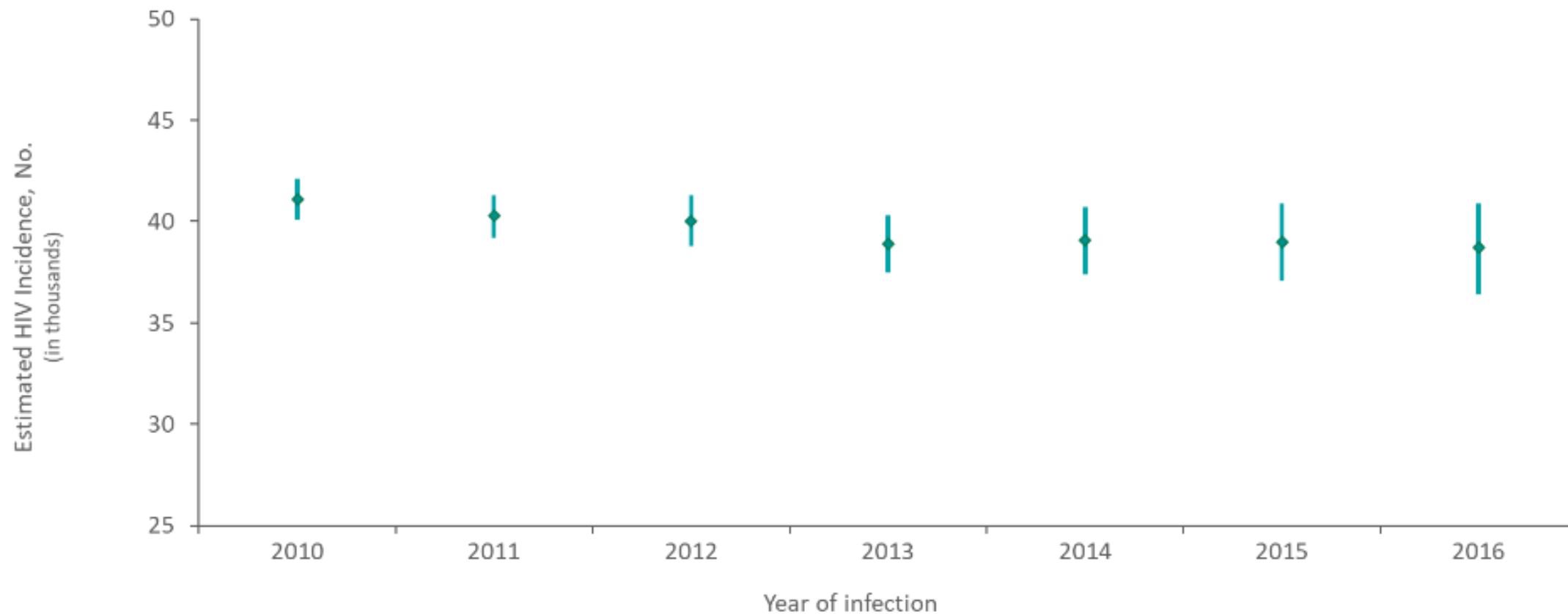


Note. Estimates were derived from a CD4 depletion model using HIV surveillance data.

<https://www.cdc.gov/hiv/statistics/overview/index.html>



Estimated HIV Incidence among Persons Aged ≥ 13 Years 2010–2016 US

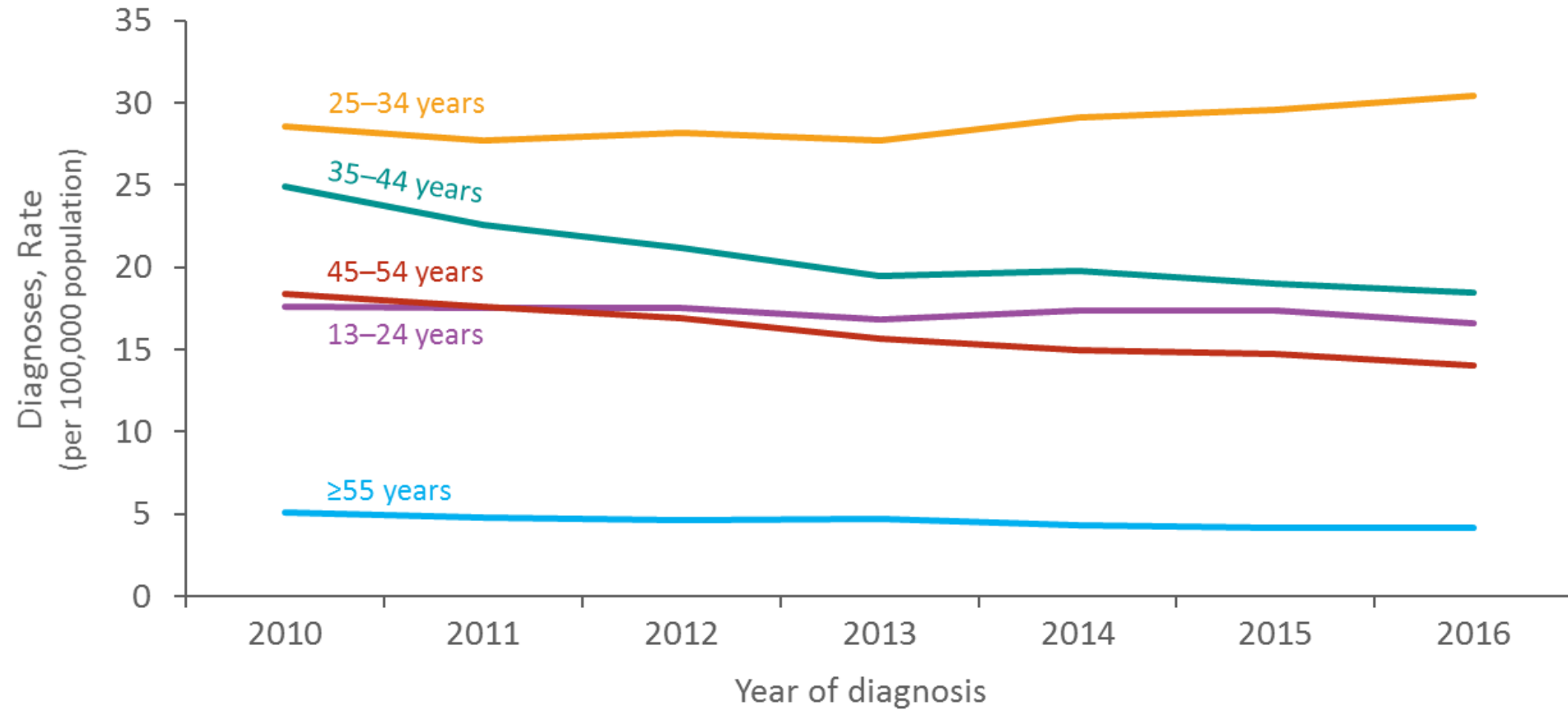


Note. Estimates were derived from a CD4 depletion model using HIV surveillance data. Bars indicate the range of the lower and upper bounds of the 95% confidence intervals for the point estimate.

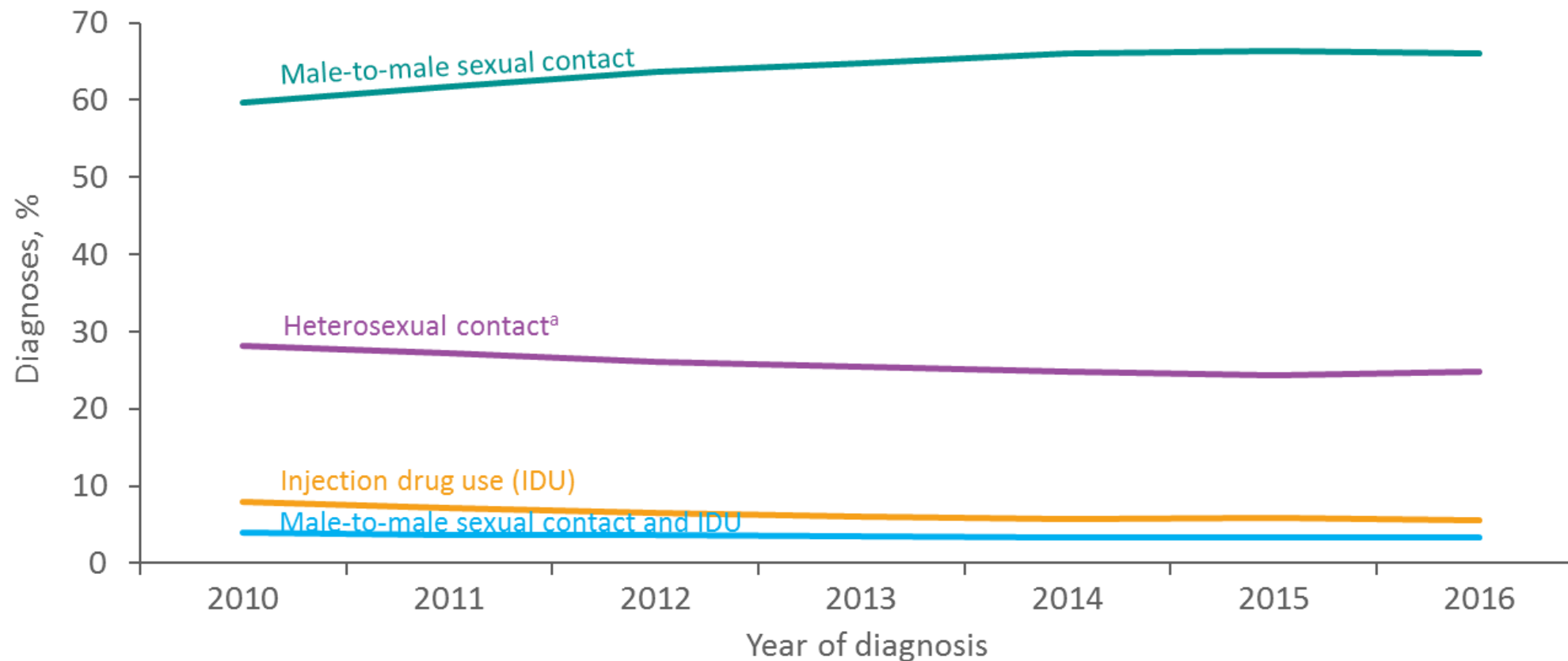
<https://www.cdc.gov/hiv/statistics/overview/index.html>



Rates of Diagnoses of HIV Infection among Adults and Adolescents by Age at Diagnosis, 2010–2016 US



Diagnoses of HIV Infection among Adults and Adolescents, by Transmission Category, 2010–2016 US and 6 Dependent Areas



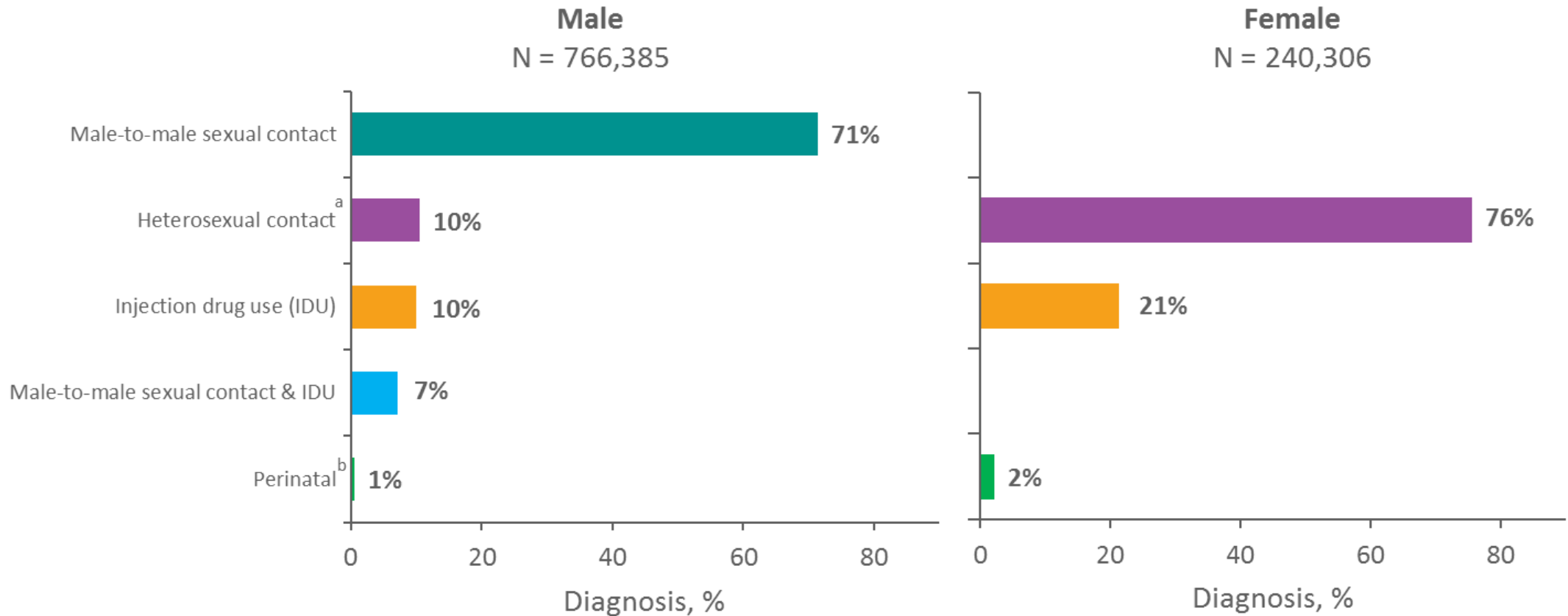
Note. Data have been statistically adjusted to account for missing transmission category. “Other” transmission category not displayed as it comprises less than 1% of cases.

^a Heterosexual contact with a person known to have, or to be at high risk for, HIV infection.

<https://www.cdc.gov/hiv/statistics/overview/index.html>



Adults and Adolescents Living with Diagnosed HIV Infection, by Sex and Transmission Category, Year-end 2016 US and 6 Dependent Areas



Note. Data have been statistically adjusted to account for missing transmission category. "Other" transmission category not displayed as it comprises 1% or less of cases.

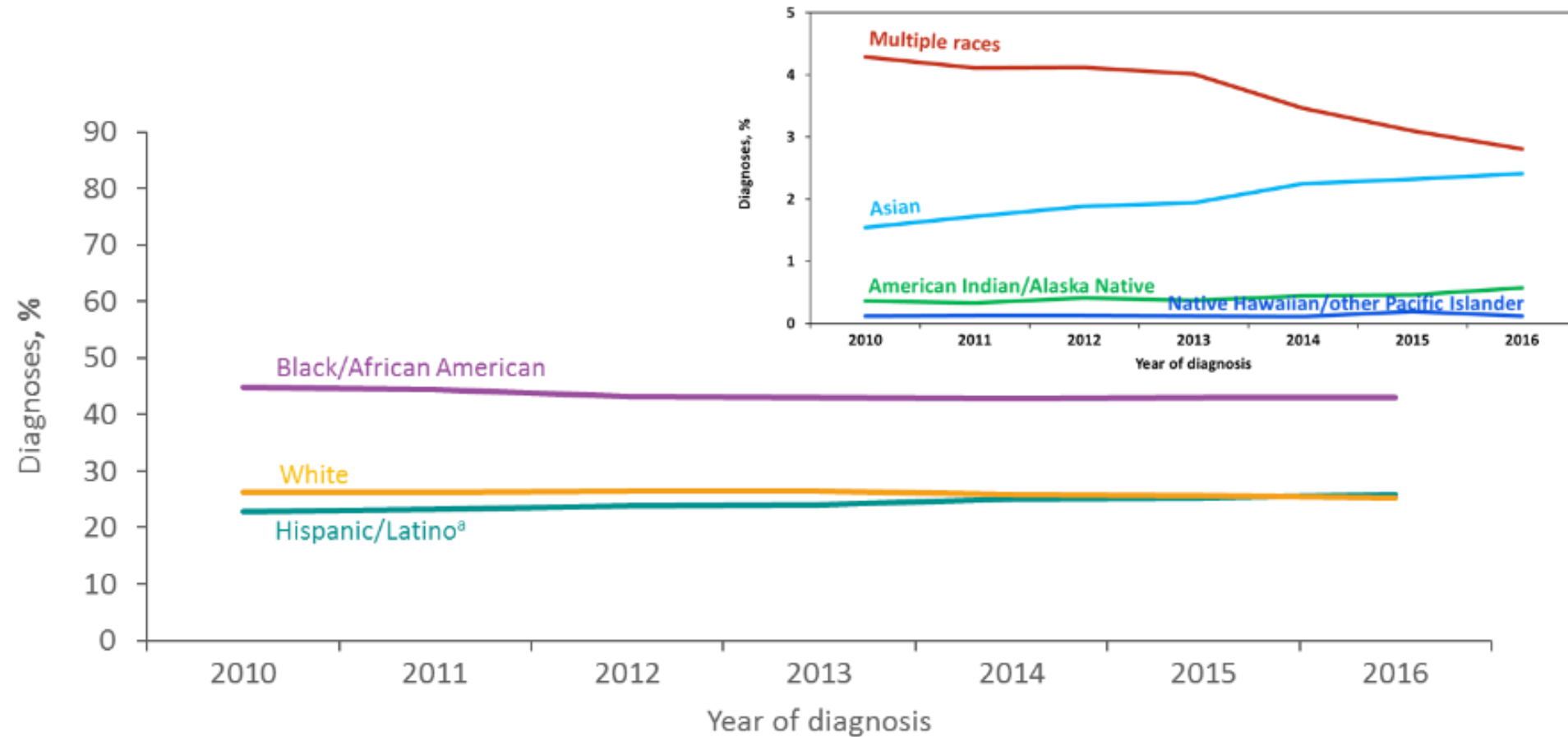
^a Heterosexual contact with a person known to have, or to be at high risk for, HIV infection.

^b Perinatal includes persons whose infections were attributed to perinatal transmission, but were aged 13 years and older at the end of 2016.

<https://www.cdc.gov/hiv/statistics/overview/index.html>



Diagnoses of HIV Infection among Adults and Adolescents, by Race/Ethnicity 2010–2016—United States and 6 Dependent Areas



^a Hispanics/Latinos can be of any race.

Deaths of Persons with Diagnosed HIV Infection by Race/Ethnicity, 2016—United States

Race/ethnicity	No.	Rate	%
American Indian/Alaska Native	46	1.9	0.3
Asian ^a	95	0.5	0.6
Black/African American	6,795	16.9	44.0
Hispanic/Latino ^b	2,497	4.3	16.2
Native Hawaiian/other Pacific Islander	12	2.1	<1
White	5,038	2.5	32.7
Multiple races	944	14.0	6.1
Total^c	15,428	4.8	100

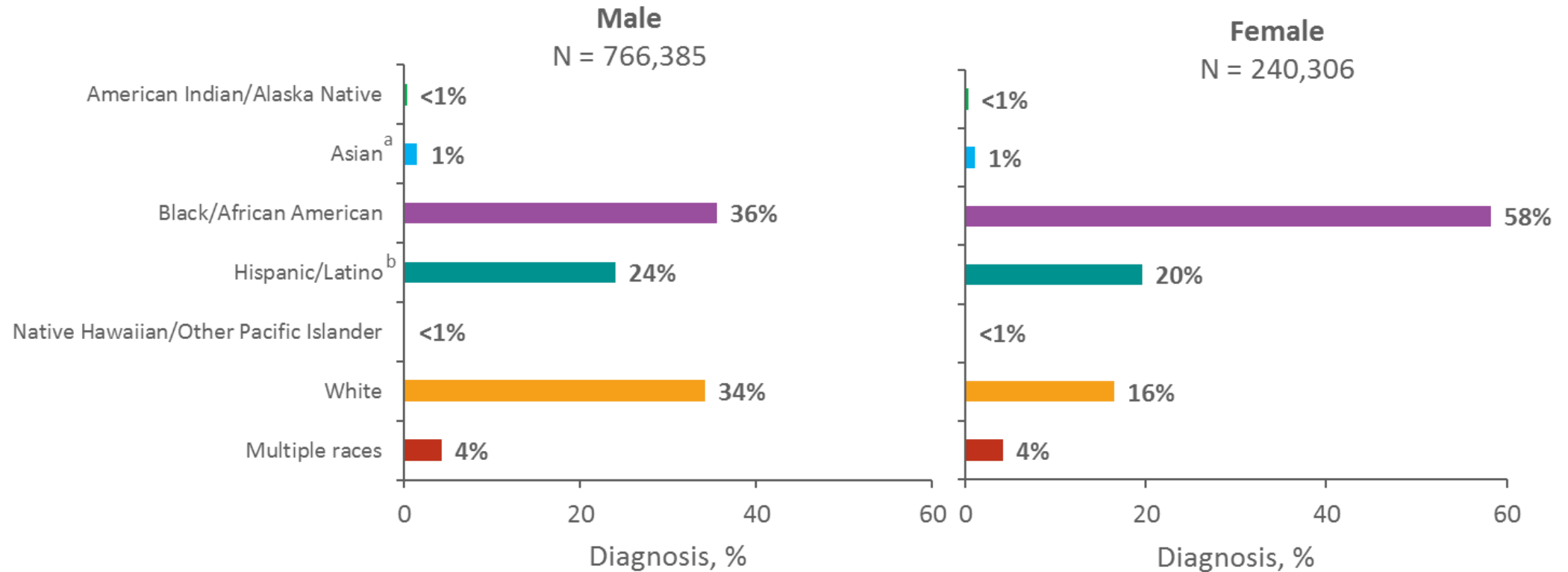
Note. Deaths of persons with diagnosed HIV infection may be due to any cause. Rates are per 100,000 population.

^a Includes Asian/Pacific Islander legacy cases.

^b Hispanics/Latinos can be of any race.

^c Includes one person whose race/ethnicity is unknown.

Adults and Adolescents Living with Diagnosed HIV Infection, by Sex and Race/Ethnicity, Year-end 2016 US and 6 Dependent Areas

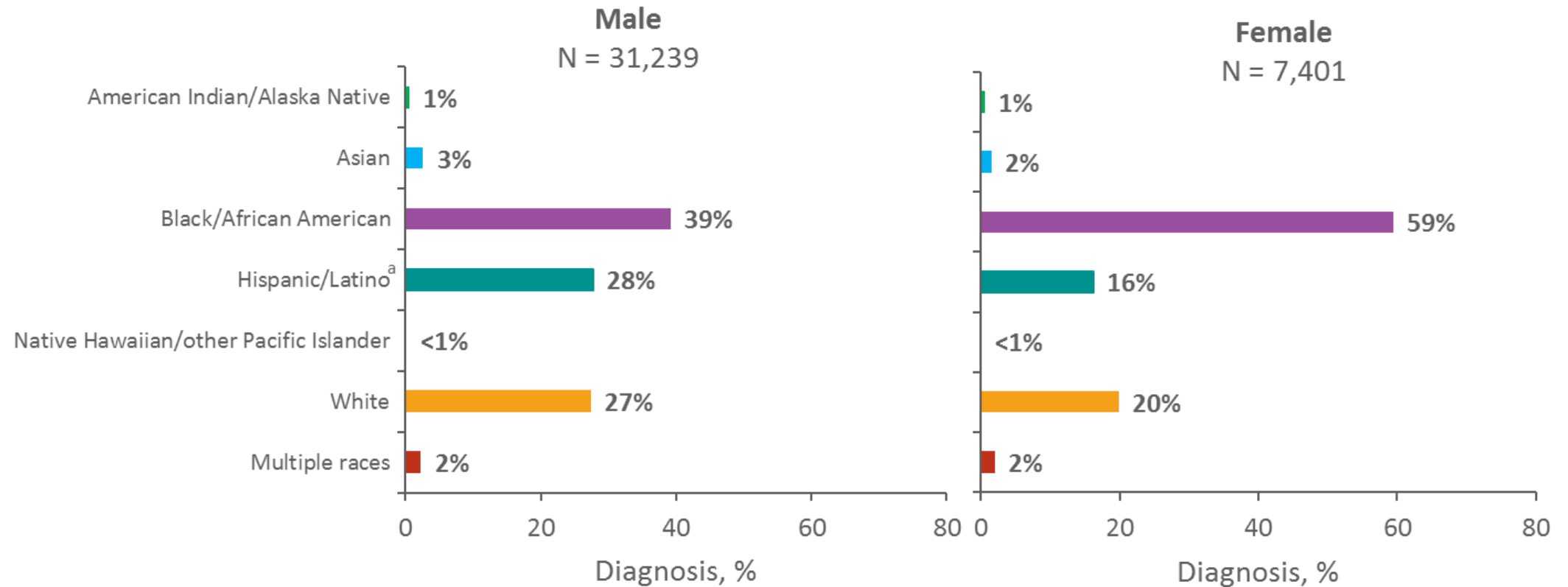


Note. Unknown race/ethnicity is not displayed because it comprises less than 1% of cases.

^a Includes Asian/Pacific Islander legacy cases.

^b Hispanics/Latinos can be of any race.

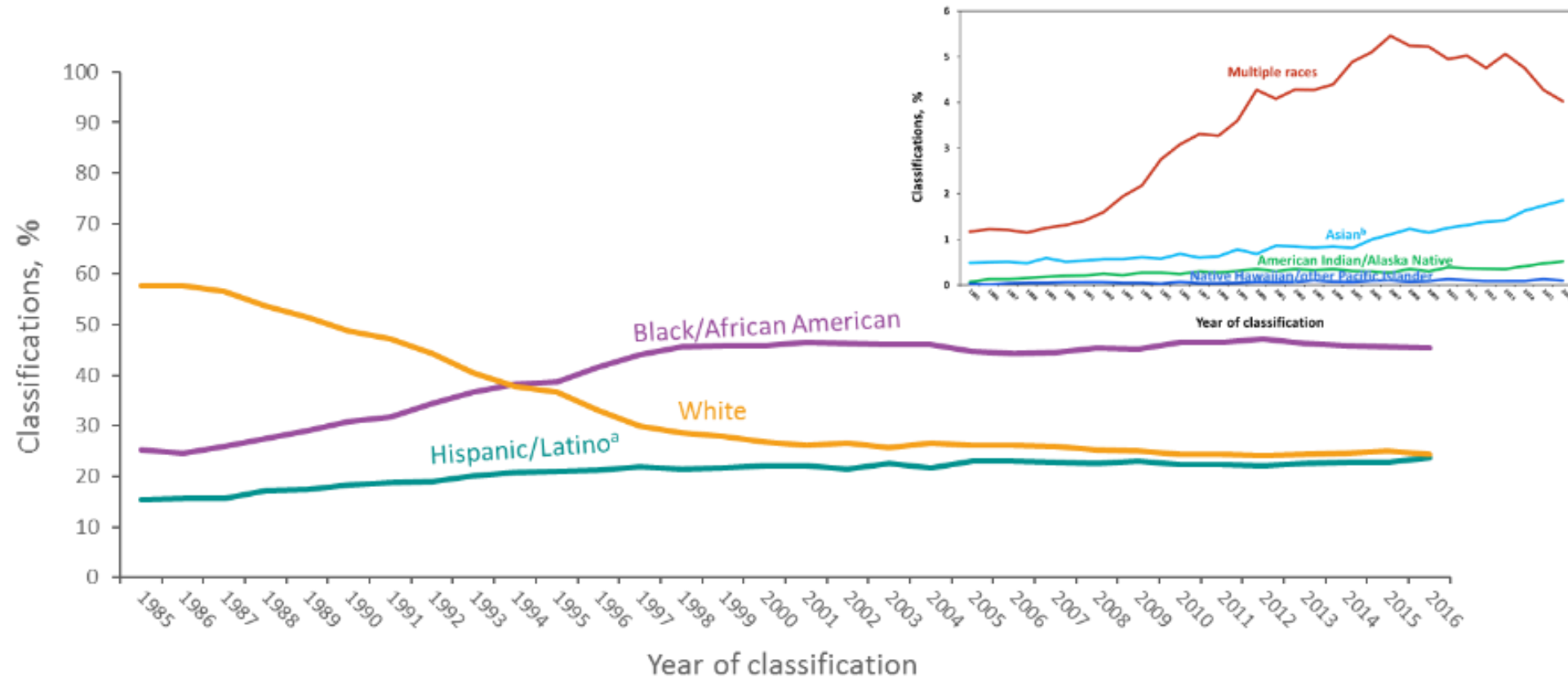
Diagnoses of HIV Infection among Adults and Adolescents by Sex and Race/Ethnicity, 2017 US and 6 Dependent Areas



Note. Data for the year 2017 are considered preliminary and based on 6 months reporting delay.

^a Hispanics/Latinos can be of any race.

Percentages AIDS Classifications among Adults and Adolescents with Diagnosed HIV Infection (Race/Ethnicity, Year of Classification) 1985–2016 US and 6 Dependent Areas



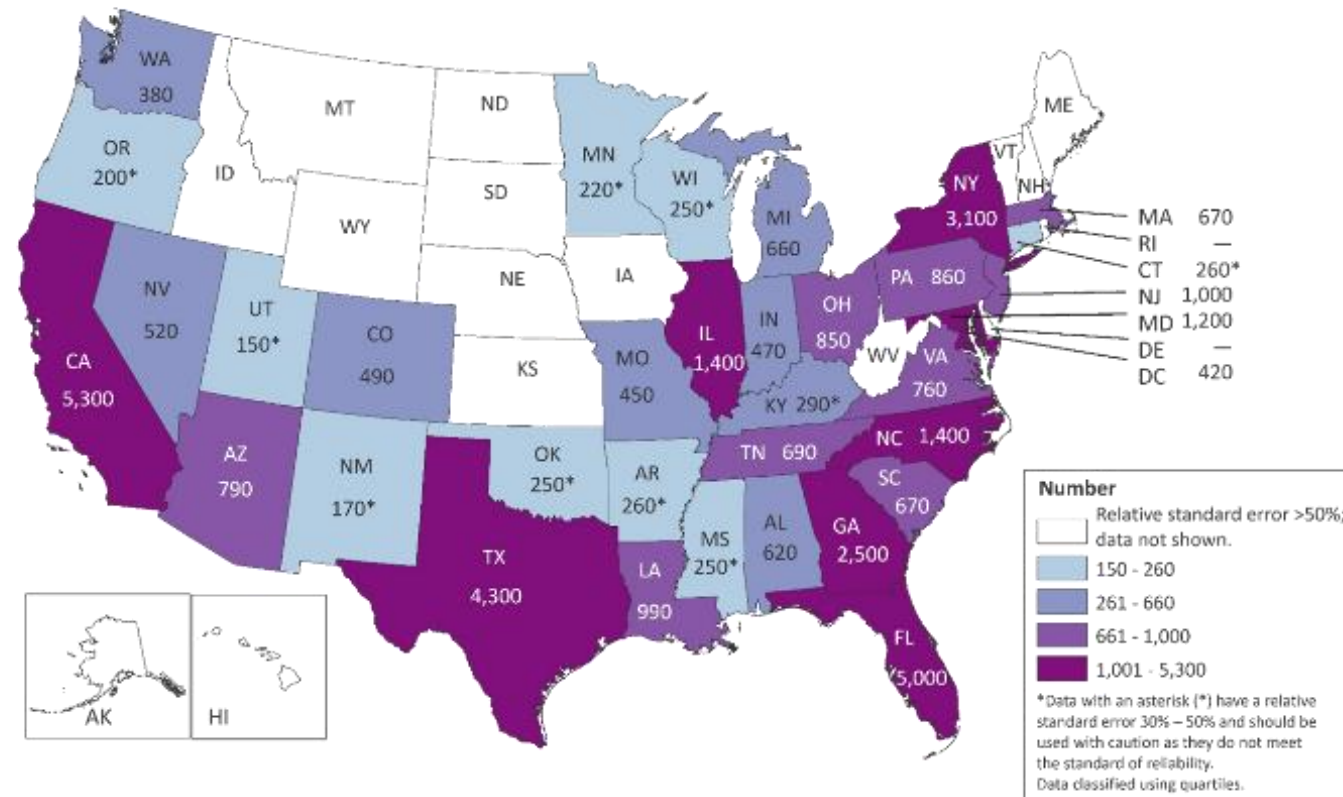
Note. Unknown race/ethnicity is not displayed because it comprises less than 1% of cases.

^a Hispanics/Latinos can be of any race.

^b Includes Asian/Pacific Islander legacy cases.

Estimated HIV Incidence among Persons Aged ≥ 13 Years, by Area of Residence 2016 US

Total = 38,700

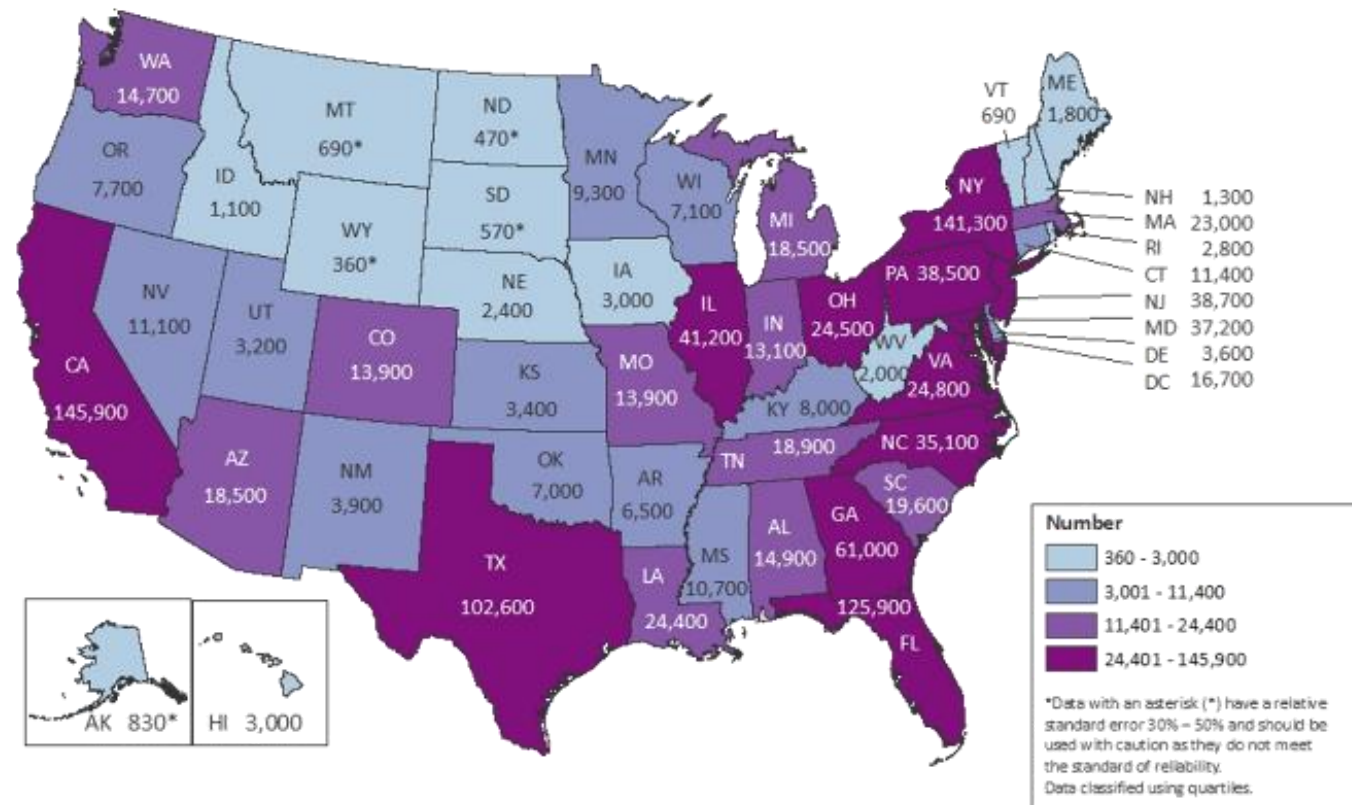


Note. Estimates were derived from a CD4 depletion model using HIV surveillance data. Estimates rounded to the nearest 100 for estimates >1,000 and to the nearest 10 for estimates $\leq 1,000$ to reflect model uncertainty.

<https://www.cdc.gov/hiv/statistics/overview/index.html>

Estimated HIV Prevalence among Persons Aged ≥ 13 Years, by Area of Residence 2016 US

Total = 1,140,400



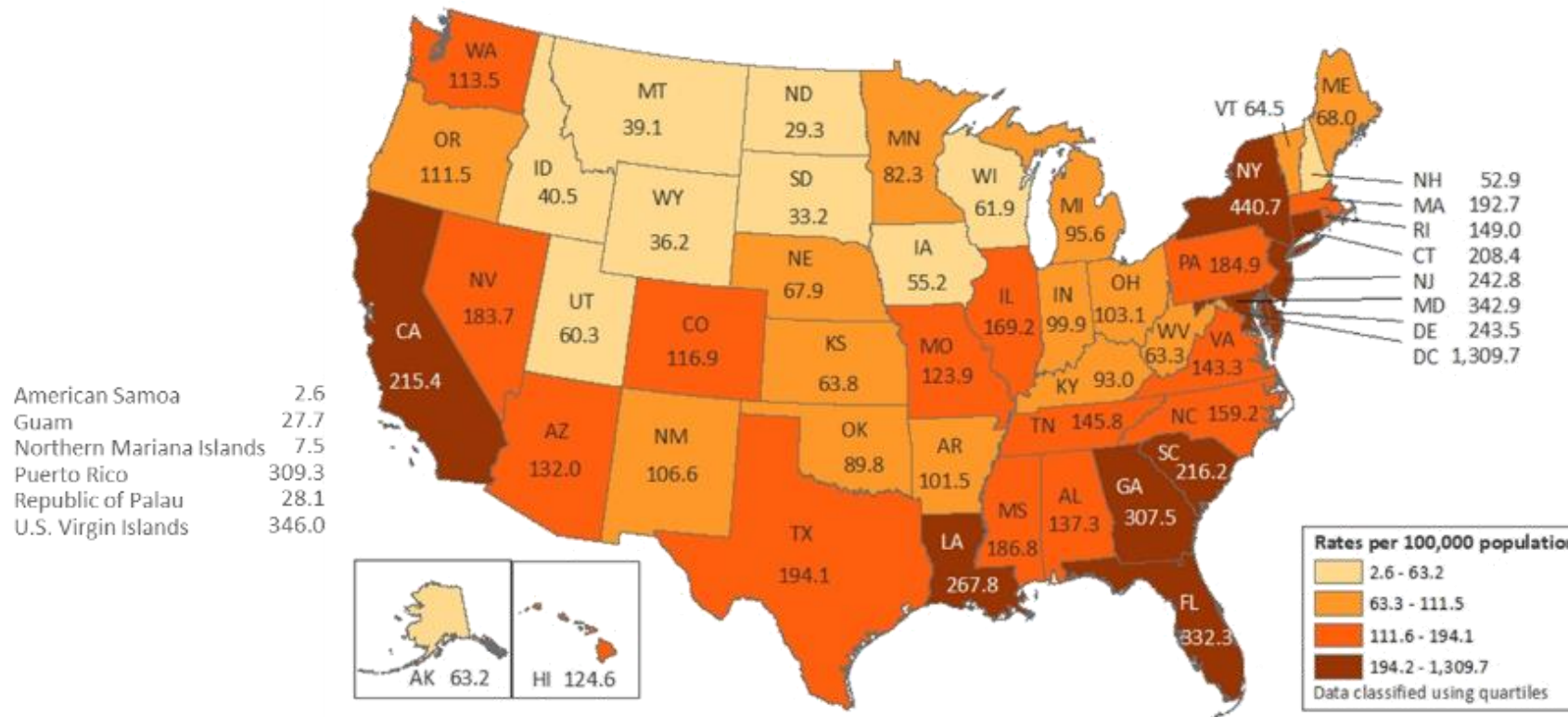
Note. Estimates were derived from a CD4 depletion model using HIV surveillance data. Estimates rounded to the nearest 100 for estimates $>1,000$ and to the nearest 10 for estimates $\leq 1,000$ to reflect model uncertainty.

<https://www.cdc.gov/hiv/statistics/overview/index.html>

Rates of Adults and Adolescents Living with Diagnosed HIV Infection Ever Classified as Stage 3 (AIDS), Year-end 2016

US and 6 Dependent Areas

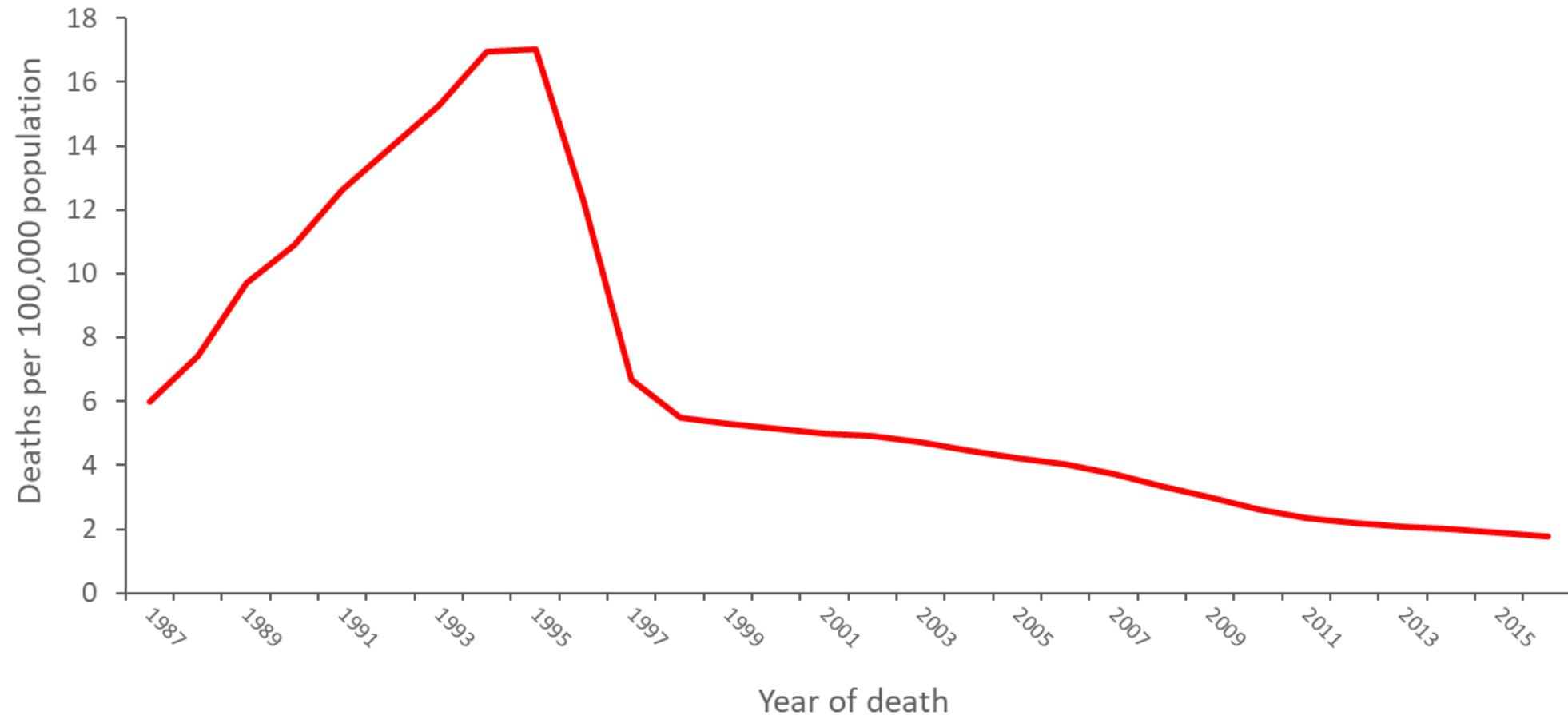
N = 534,515 Total Rate = 195.2



Note. Data are based on address of residence as of December 31, 2016 (i.e., most recent known address).

<https://www.cdc.gov/hiv/statistics/overview/index.html>

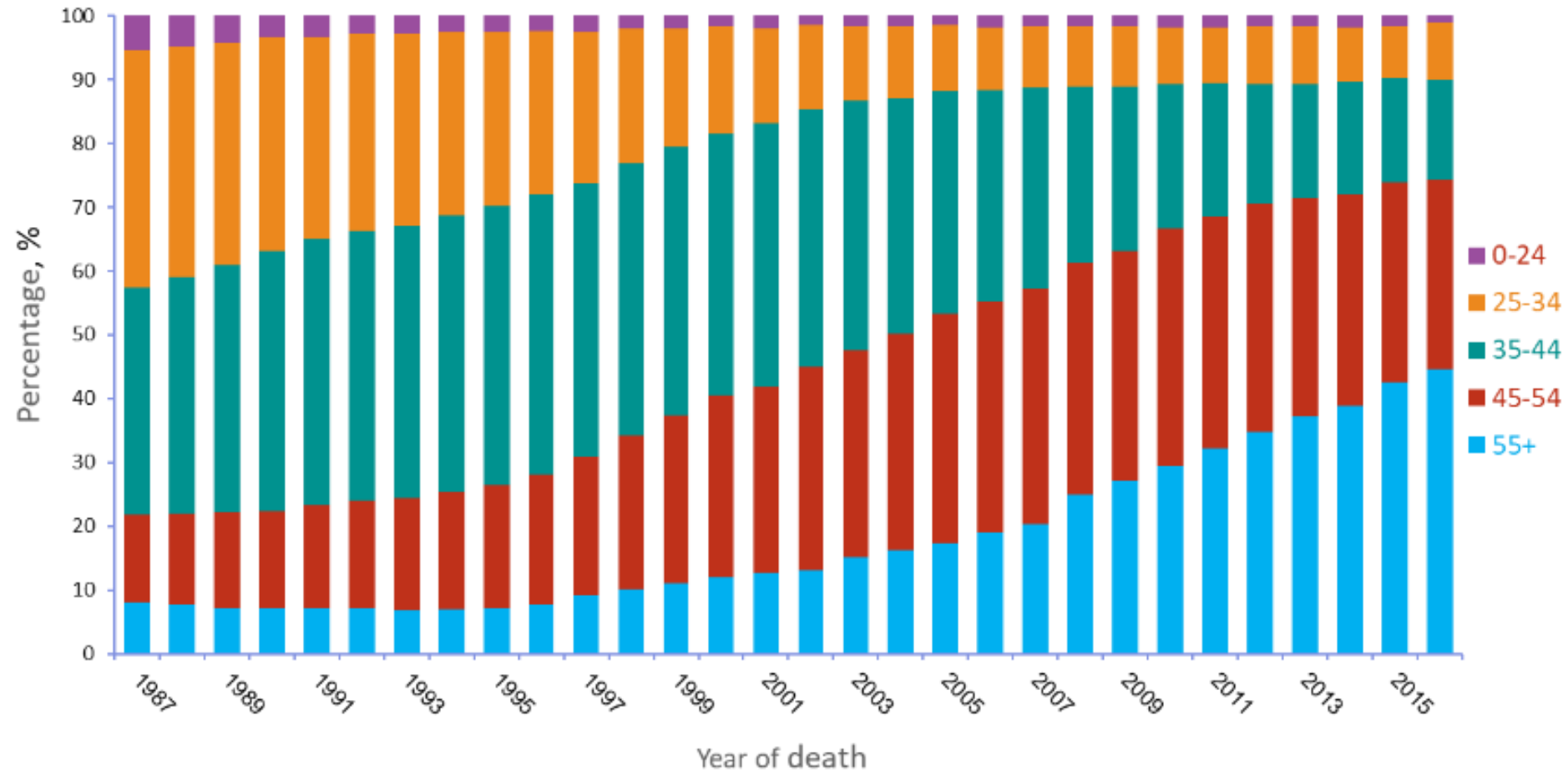
Trends in Annual Age-Adjusted* Rates of Death Due to HIV Infection 1987–2016 — United States



Note. For comparison with data for 1999 and later years, data for 1987–1998 were modified to account for ICD-10 rules instead of ICD-9 rules.

*Standard: age distribution of 2000 US population.

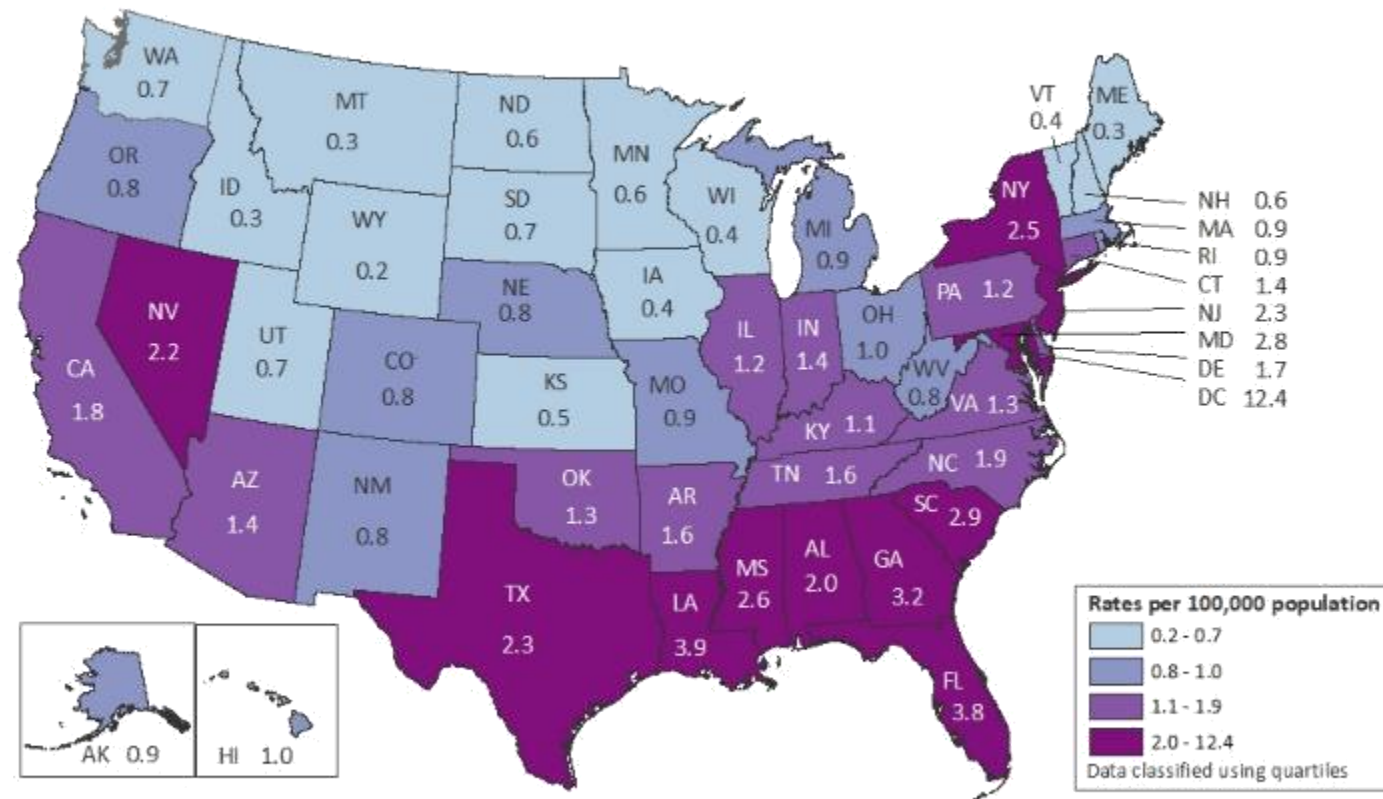
Trends in the Percentage Distribution of Deaths due to HIV Infection by Age Group 1987–2016 — United States



Note. For comparison with data for 1999 and later years, data for 1987–1998 were modified to account for ICD-10 10rules instead of ICD-9 rules.

<https://www.cdc.gov/hiv/statistics/overview/index.html>

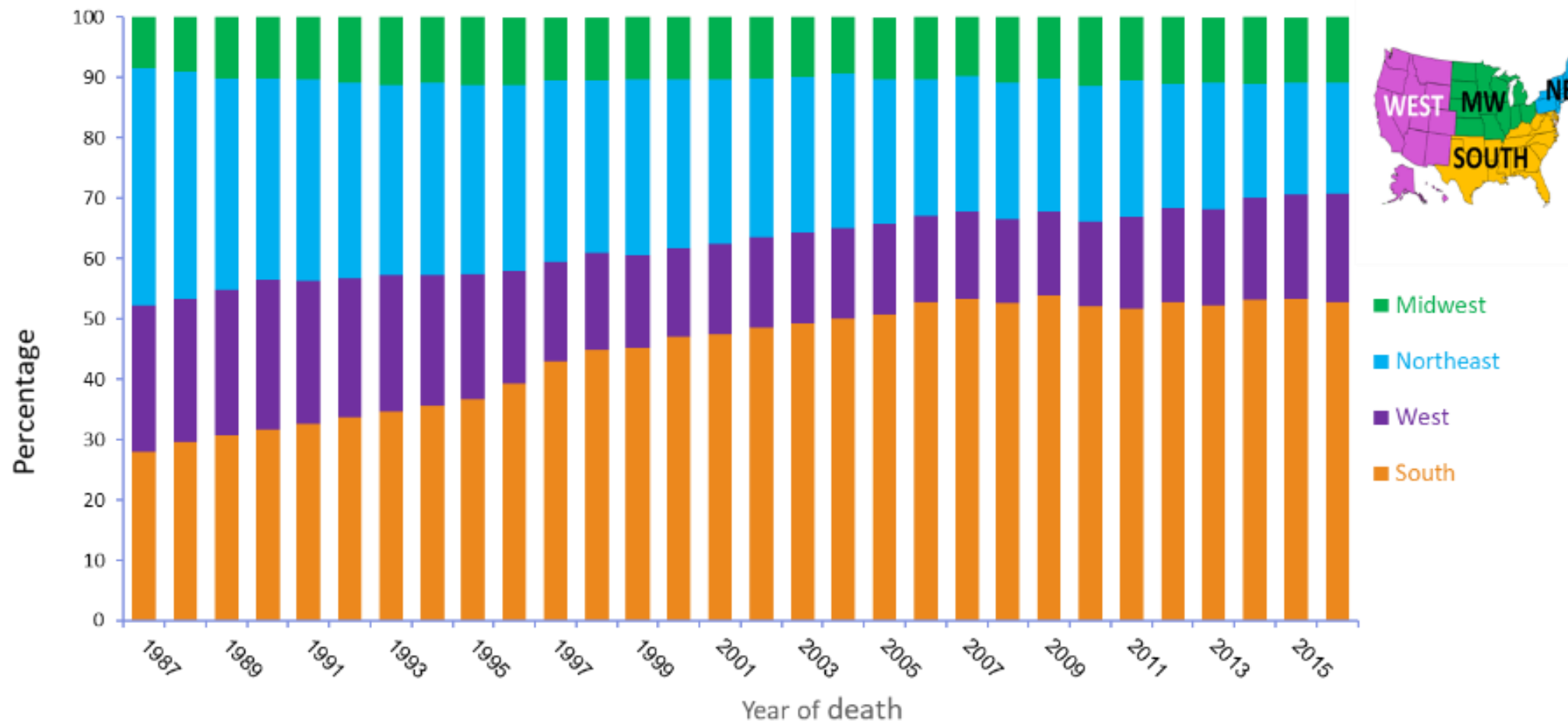
Age-Adjusted* Rates† of Death due to HIV Infection in the General Population, by State, 2016 US



Standard: age distribution of 2000 US population.

†Per 100,000 population.

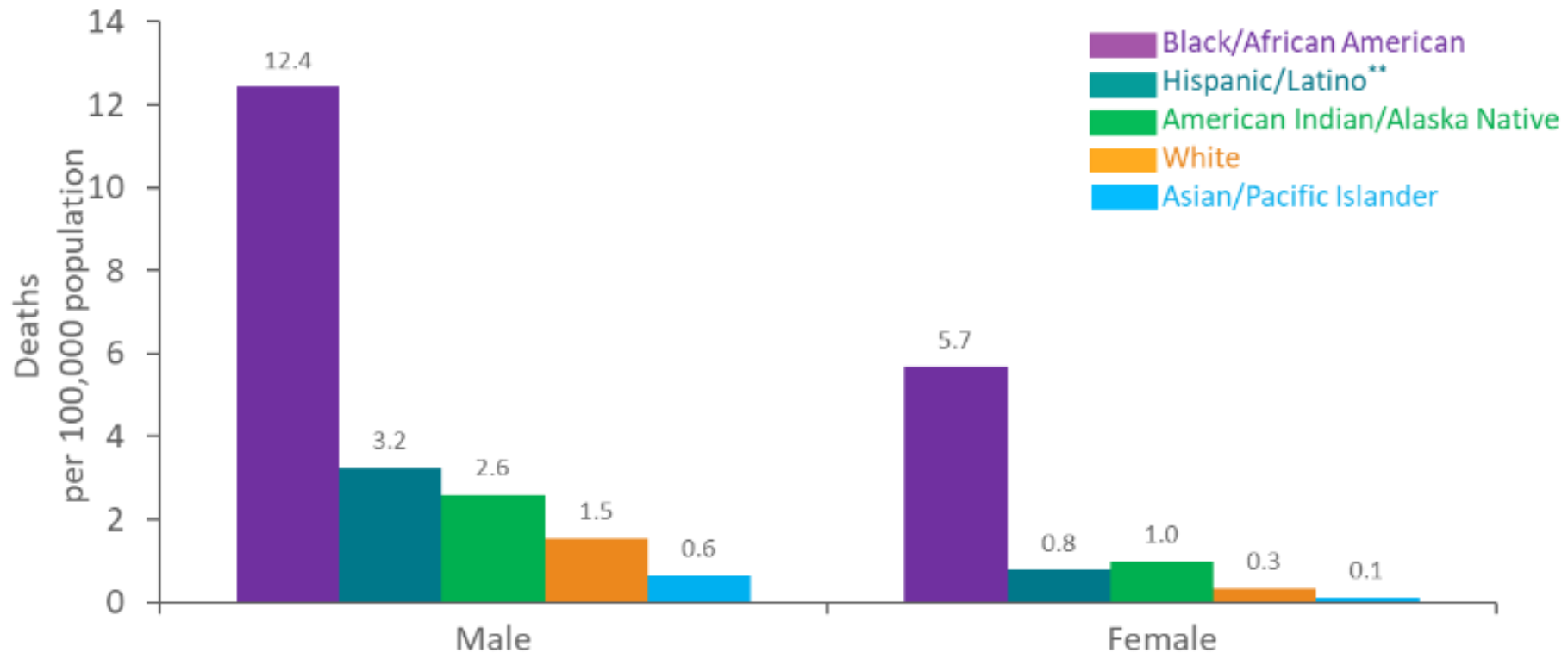
Trends in the Percentage Distribution of Deaths due to HIV Infection, by Geographic Region, 1987–2016 — United States



Note. For comparison with data for 1999 and later years, data for 1987–1998 were modified to account for ICD-10 10rules instead of ICD-9 rules.

<https://www.cdc.gov/hiv/statistics/overview/index.html>

Age-Adjusted* Average Rates of Death due to HIV Infection by Sex and Race/Ethnicity, 2012–2016 — United States



*Standard age distribution of 2000 US population

**Hispanics/Latinos can be of any race.



EPIDEMIOLOGY

- What is the current status of the HIV/AIDS epidemic in the state of Florida?
- How has it changed over time?



EPIDEMIOLOGY

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HIV Data Center

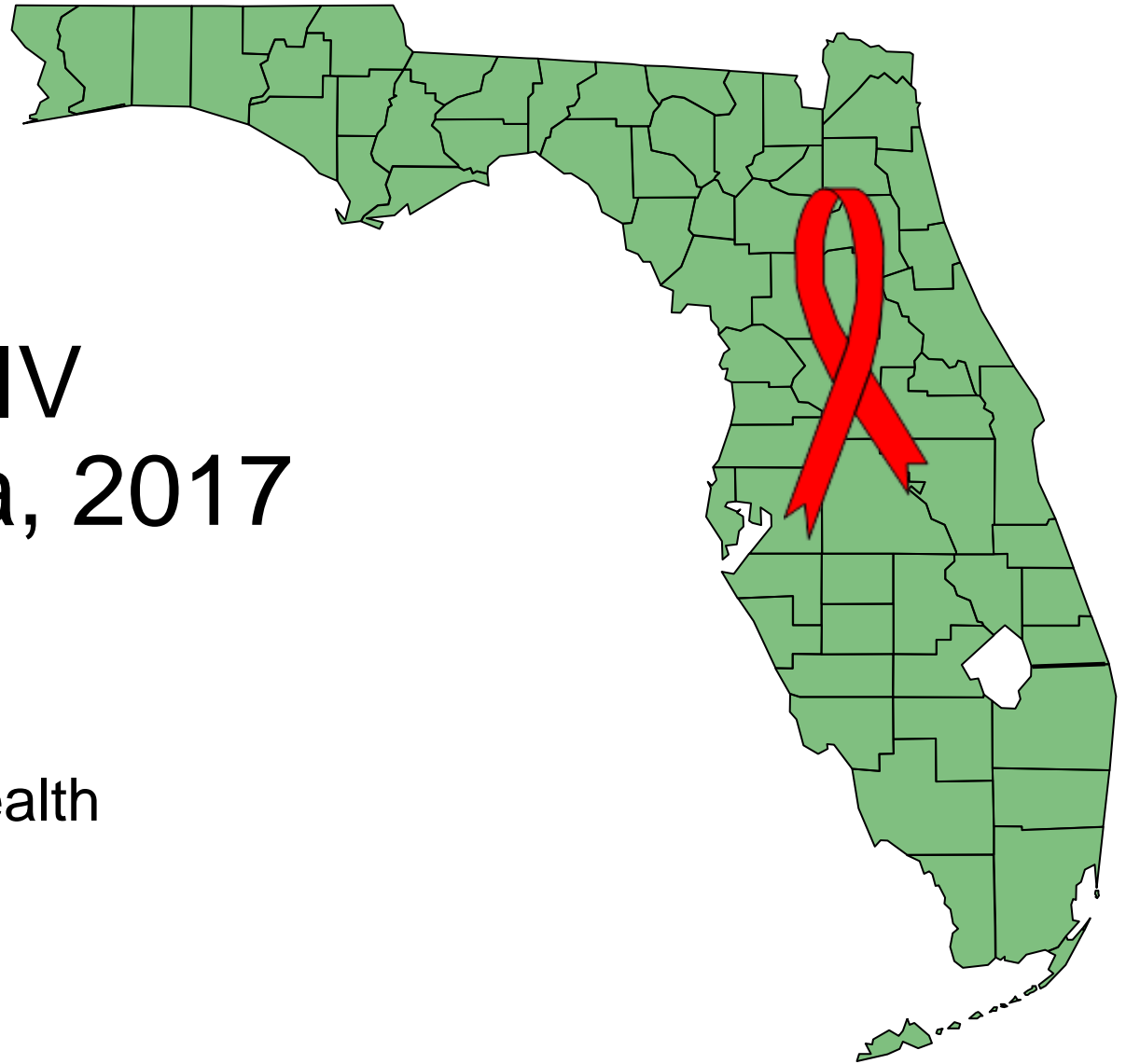
HIV/AIDS Surveillance Program Guides Public Health Services

The HIV surveillance program plays a vital role in how Florida determines HIV resource needs, program planning and evaluation. The goal is to collect complete and accurate data, and analyze trends in HIV. HIV staff and county partners use these data to plan, carry out and evaluate HIV programs and interventions.

<http://www.floridahealth.gov/diseases-and-conditions/aids/surveillance/index.html>
<http://www.floridahealth.gov/diseases-and-conditions/aids/surveillance/epi-slide-sets.html>

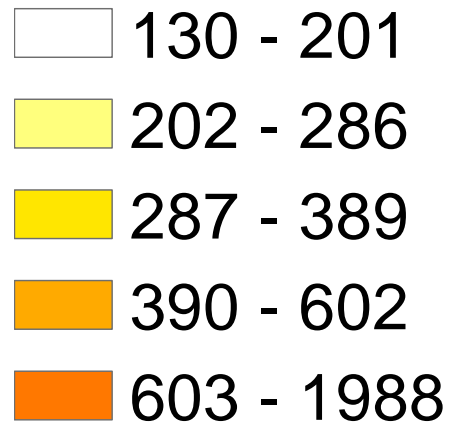
State of the HIV Epidemic in Florida, 2017

Florida Department of Health
HIV/AIDS Section
Data as of 6/30/2018

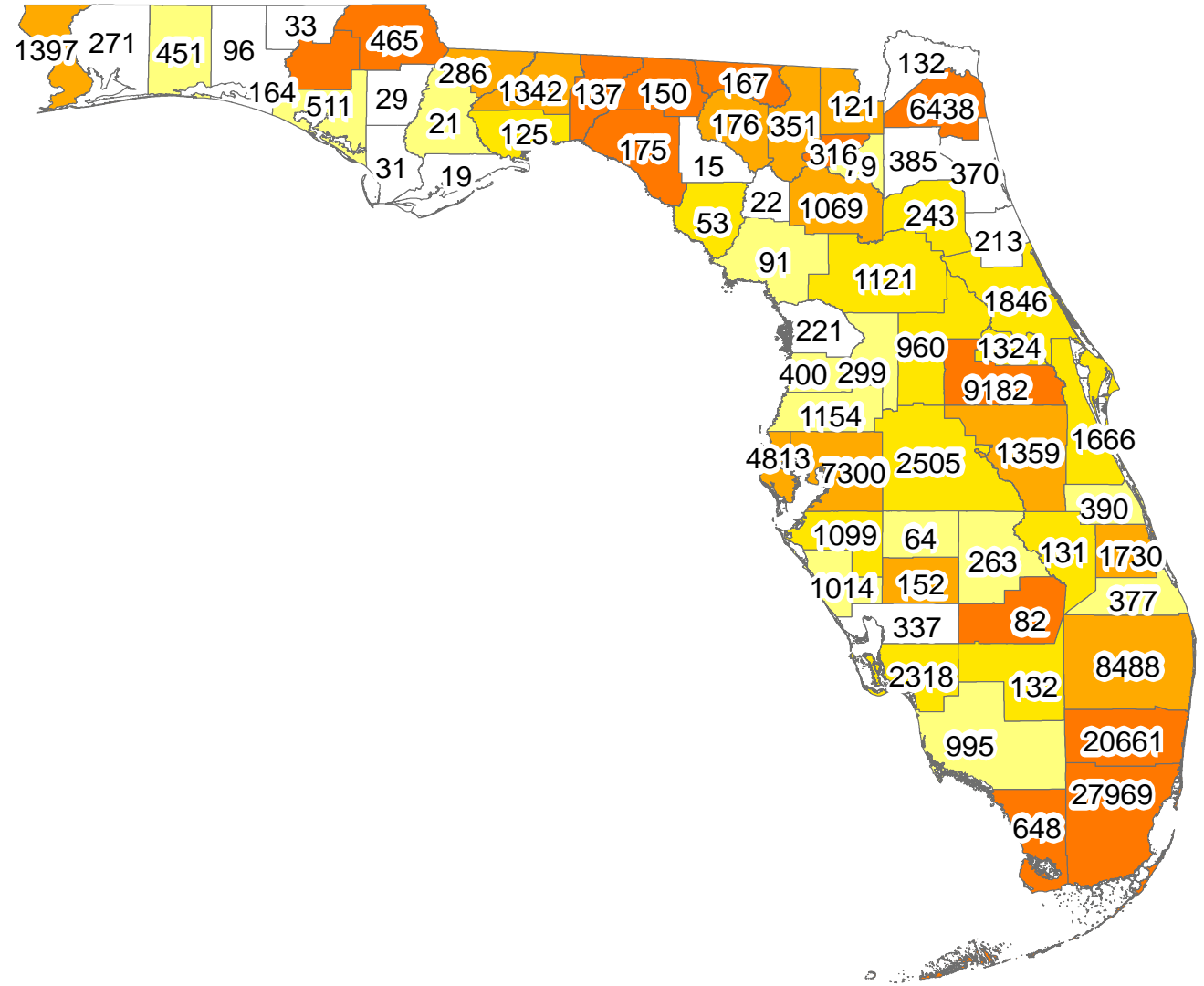


Persons Living with HIV (PLWH) Rates¹ by County of Residence² Diagnosed in 2017, Florida

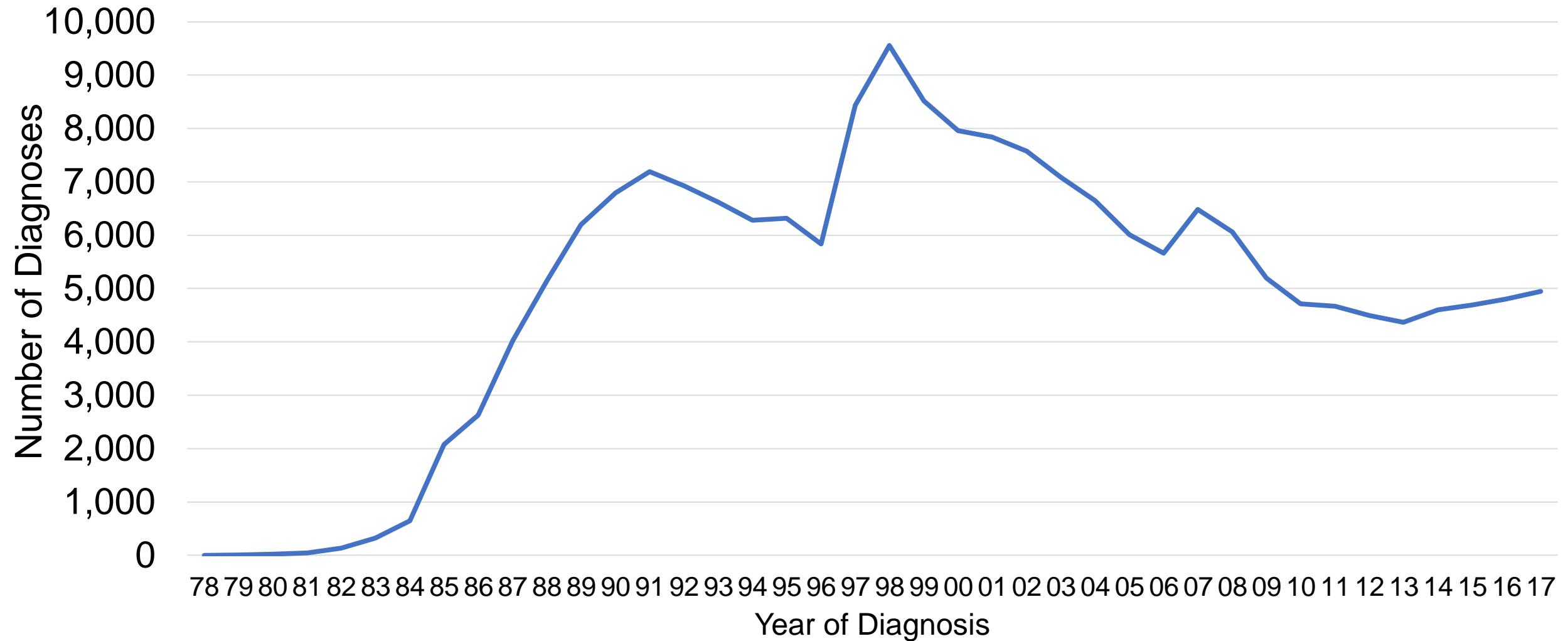
PLWH Rate
per 100,000 population
State Rate=569



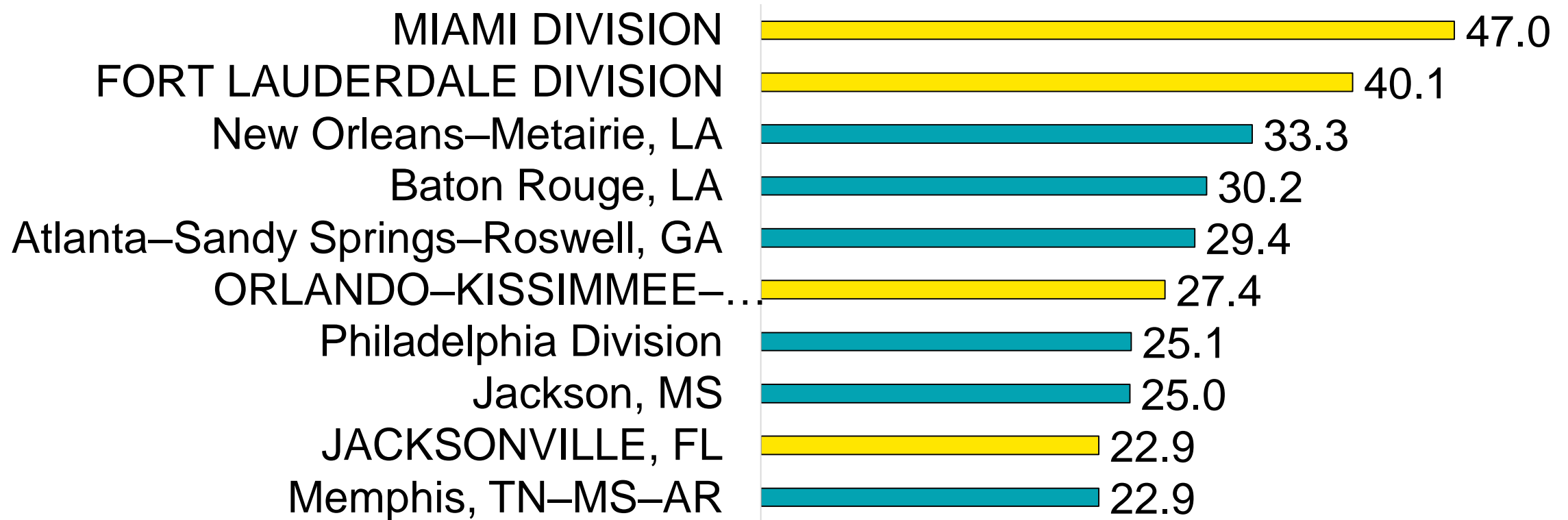
Numbers on map are number of
PLWH
State Total N=116,944



HIV Diagnoses by Year of Diagnosis, 1978–2017, Florida



Rankings of HIV Case Rates (all ages) by MSA¹ Diagnosed in 2016, United States



Rate per 100,000 population

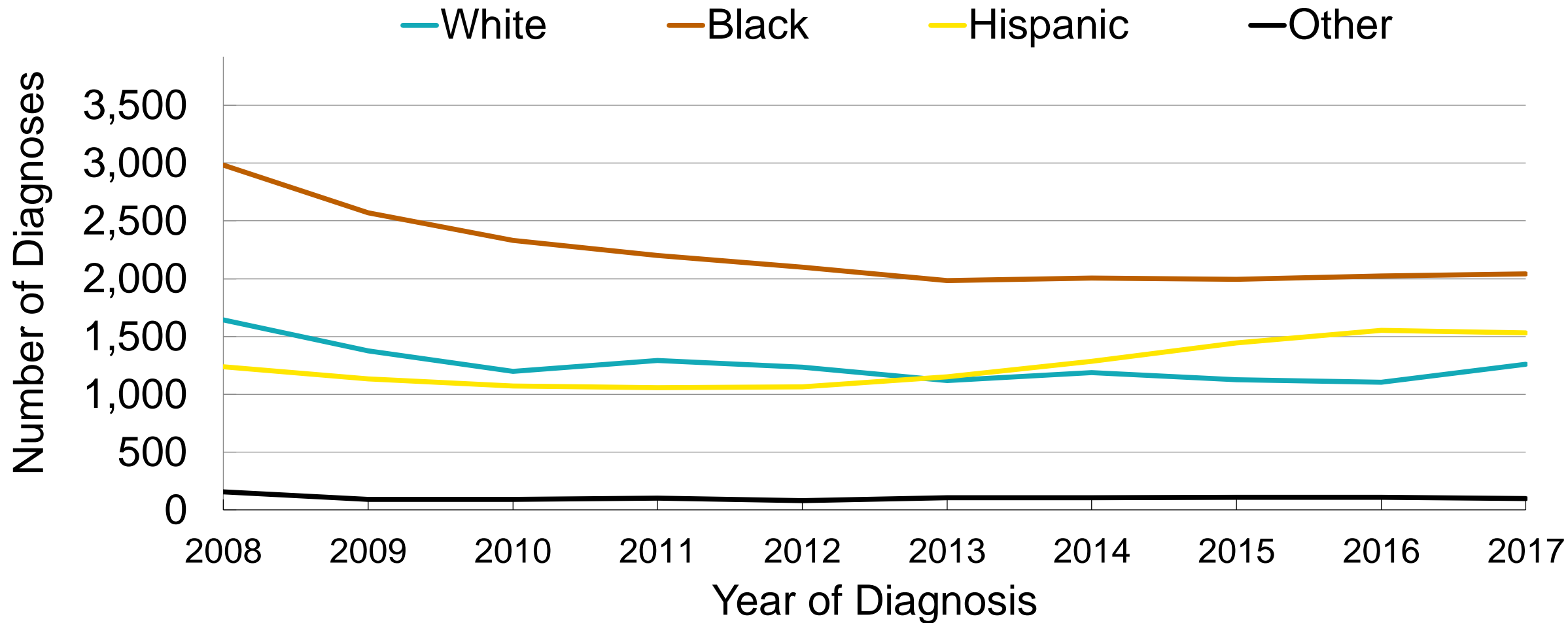
Adults (Age 13+) Living with HIV Year-end 2017, Florida, **N=116,782**

Race/Ethnicity	Males		Females	
	No.	Percent	No.	Percent
White	29,050	34%	4,898	15%
Black	31,719	37%	21,488	67%
Hispanic	22,245	26%	4,990	16%
Other	1,740	2%	652	2%
Age Group				
13–19	331	0%	225	1%
20–29	7,783	9%	2,120	7%
30–39	13,235	16%	5,568	17%
40–49	18,264	22%	8,368	26%
50+	45,141	53%	15,747	49%
Mode of Exposure				
MSM	58,756	69%	---	---
IDU	5,169	6%	3,875	12%
MSM/IDU	4,344	5%	---	---
Heterosexual	15,713	19%	27,277	85%
Other Risk	773	1%	876	3%
TOTAL	84,754	100%	32,028	100%

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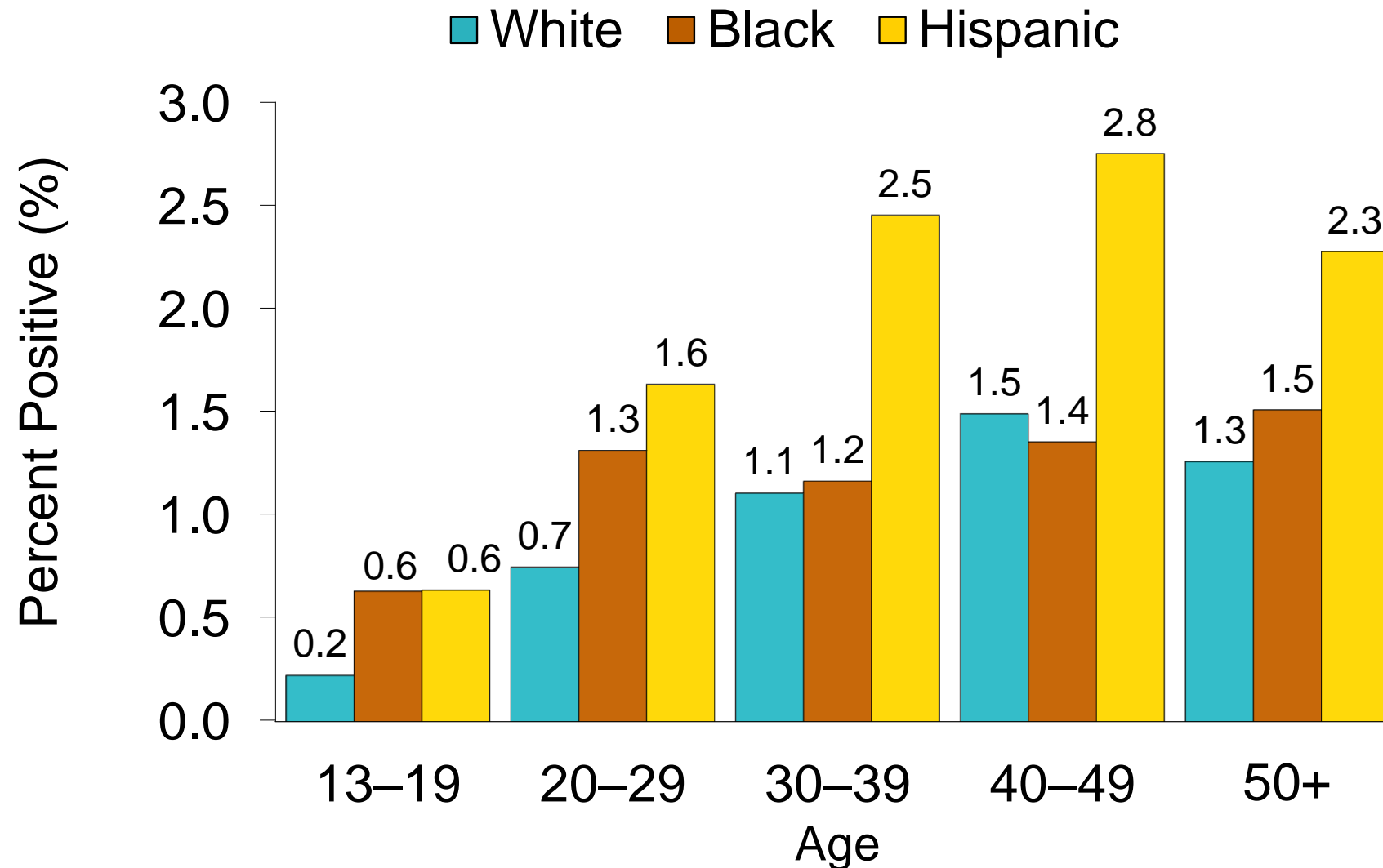
Adult (Age 13+) HIV Diagnoses, by Race/Ethnicity and Year of Diagnosis, 2008–2017, Florida



Division of Disease Control and Health Protection

Other includes American Indian/Alaska Native, Asian/Pacific Islander, and multi-racial.

Seropositivity¹ among Males by Age Group and Race/Ethnicity from HIV Tests Conducted in Florida 2017

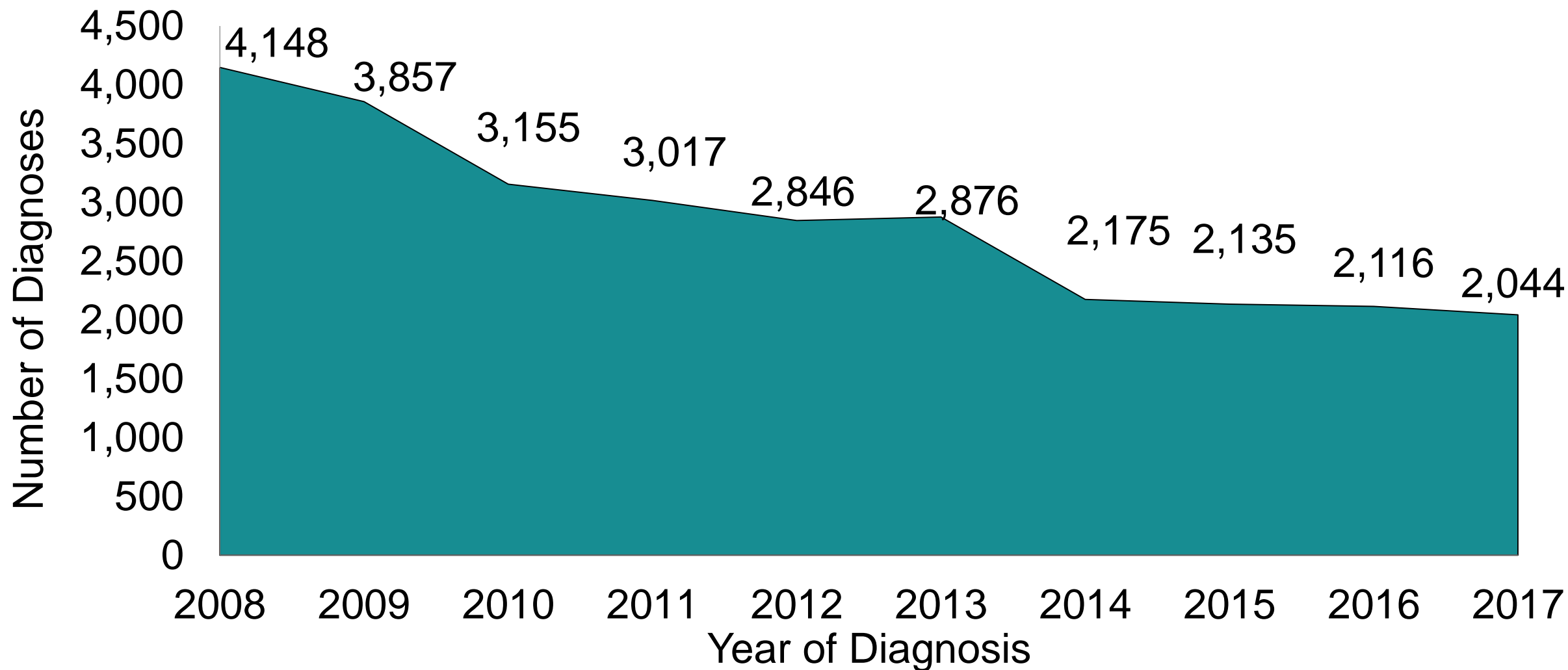


Division of Disease Control and Health Protection

¹Seropositivity is defined as the percent of positive over the number of tests conducted each year. HIV Counseling and Testing data as of 6/30/2018.

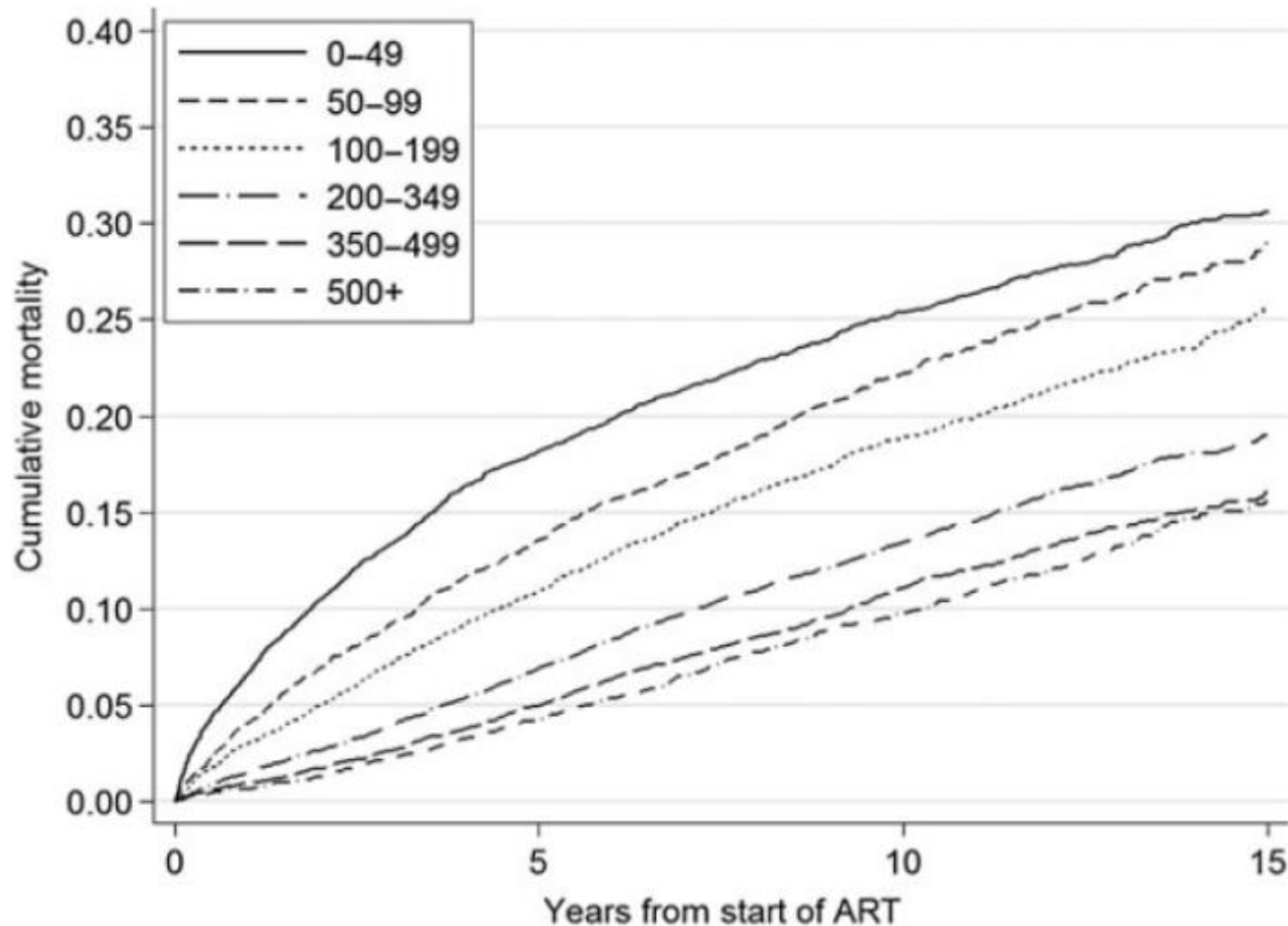
AIDS Diagnoses by Year of Diagnosis, 2008–2017, Florida

10 year % change (2008–2017) = 51% decrease



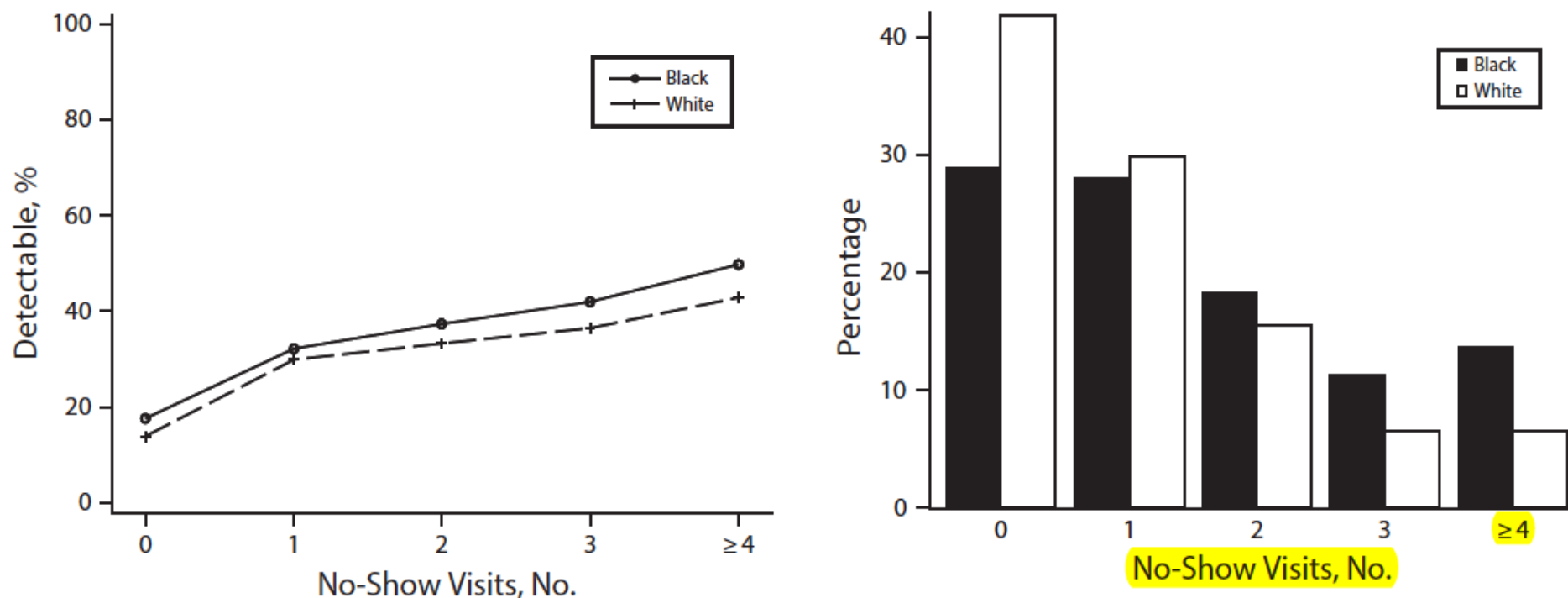


HOW DOES LATE ENTRY INTO CARE AFFECT OUTCOMES?





RACIAL/ETHNIC DISPARITIES DRIVE MISSED CLINIC VISITS AND HIV VIRAL LOAD



Note. The metropolitan areas surveyed were in Baltimore, MD; Birmingham, AL; Boston, MA; Brooklyn, NY; Houston, TX; and Miami, FL.

FIGURE 1—Percentage of (a) virological failure by race stratified by frequency of no-show visits and (b) no-show visits by race: Centers for Disease Control and Prevention and Health Resources and Services Administration Retention in Care preintervention, 6 US metropolitan areas, May 2008 to April 2009.



RACIAL/ETHNIC DISPARITIES DRIVE MISSED CLINIC VISITS AND HIV VIRAL LOAD

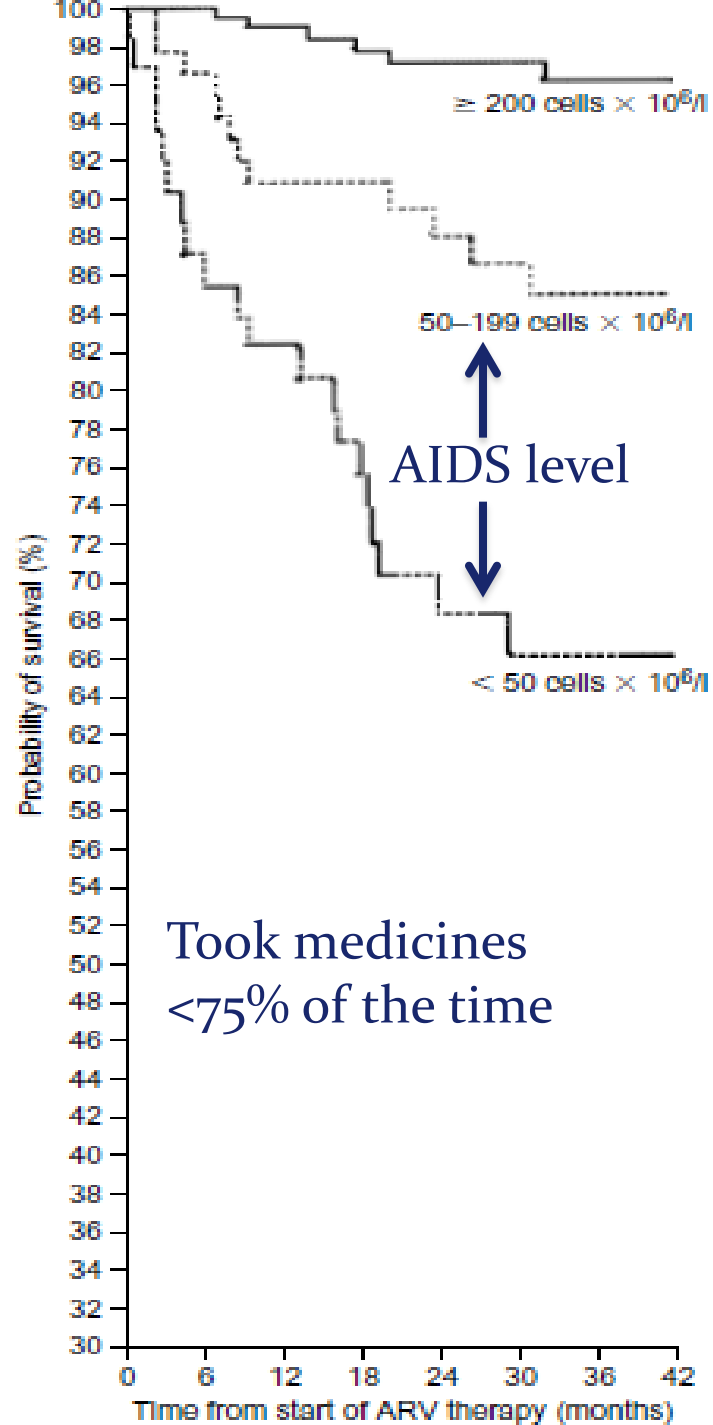
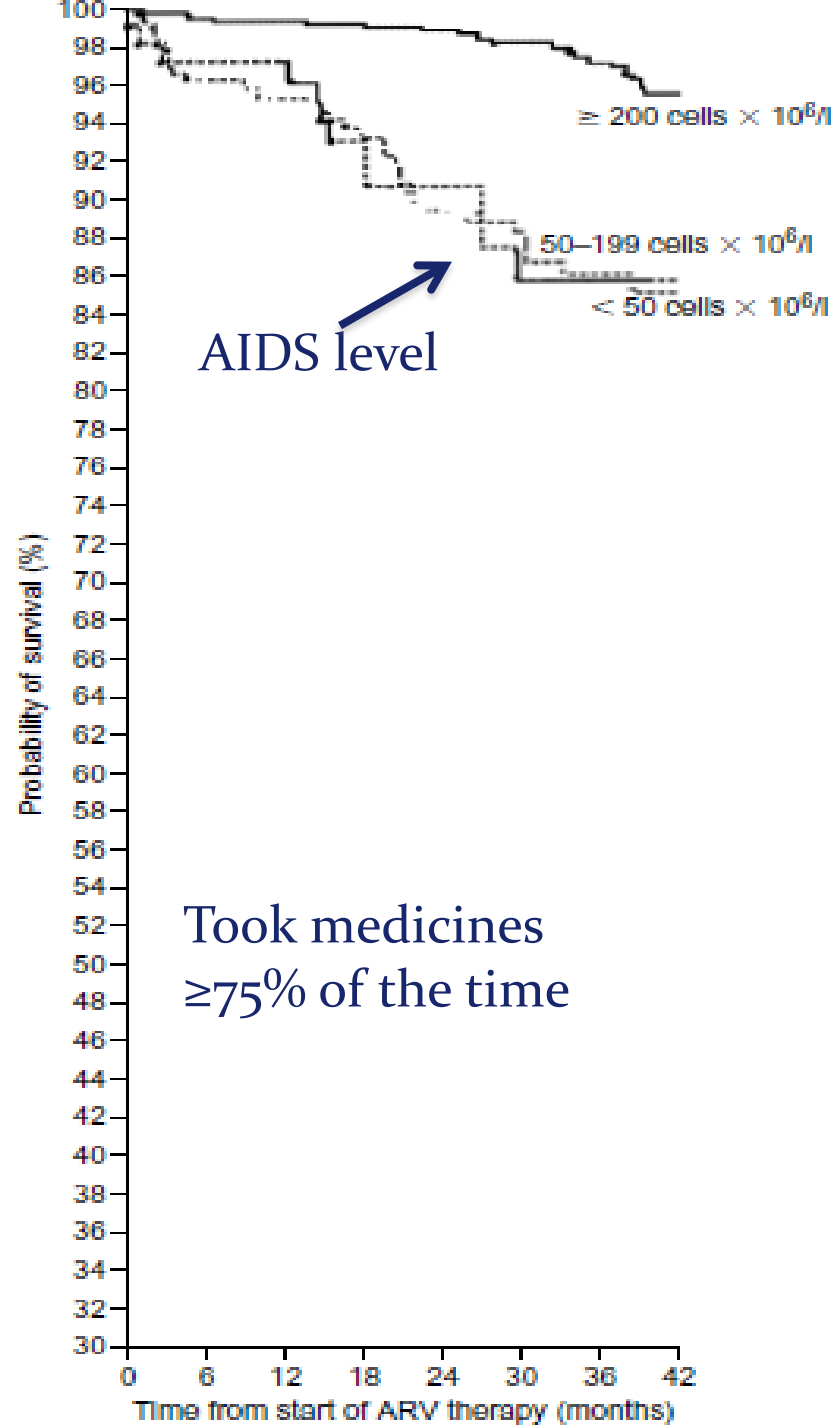
TABLE 2—Odds of Virological Failure in Multivariable Analyses for Characteristics With Patient Variables and No-Show Visit Count: Centers for Disease Control and Prevention and Health Resources and Services Administration Retention in Care Preintervention, 6 US Metropolitan Areas, May 2008–April 2009

Characteristic	Odds of VF, Patient Variables Only		Odds of VF, With No-Show Count	
	OR (95% CI)	P	OR (95% CI)	P
Gender: male vs female	1.05 (0.91, 1.21)	.526	1.07 (0.92, 1.23)	.371
Ethnicity: Hispanic vs non-Hispanic	0.81 (0.67, 0.98)	.03	0.79 (0.65, 0.96)	.015
Race				
Black vs White	1.19 (1.01, 1.40)	.039	1.11 (0.94, 1.32)	.202
Other vs White	1.24 (0.89, 1.73)	.198	1.20 (0.85, 1.68)	.283

CARE ENGAGEMENT: DO MISSED VISITS MATTER?

Variable	Adjusted hazard ratio (95% CI)	P
No. of quarters with visit ^a		
1	1.94 (1.36–2.76)	<.001
2	1.68 (1.24–2.26)	<.001
3	1.41 (1.10–1.82)	<.01
4	1.00	
Baseline CD4 ⁺ cell count		
≤200 × 10 ⁶ cells/L	2.35 (1.82–3.05)	<.001
201–350 × 10 ⁶ cells/L	1.36 (0.99–1.87)	.06
>350 × 10 ⁶ cells/L	1.00	







ANTIRETROVIRAL AGENTS

What are the current antiretroviral agents approved for treatment of HIV?



ANTIRETROVIRAL AGENTS

What are the current antiretroviral agents approved for treatment of HIV?

- There are a lot of them. A lot.



2019 HIV DRUG CHART

Antiretroviral (ARV) options abound for both those who are new to HIV treatment and those who are experienced. This quick-reference chart compares medication options, including adult dosing and dietary restrictions.

ATRIPLA
(efavirenz + tenofovir disoproxil fumarate + emtricitabine)
One tablet once a day. Each tablet contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.

BIKTARVY
(bictegravir + tenofovir alafenamide + emtricitabine)
One tablet once a day. Each tablet contains 50 mg bictegravir + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.

COMPLERA
(rilpivirine + tenofovir disoproxil fumarate + emtricitabine)
One tablet once a day. Each tablet contains 25 mg rilpivirine + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with a meal.

DELSTRIGO
(doravirine + tenofovir disoproxil fumarate + lamivudine)
One tablet once a day. Each tablet contains 100 mg doravirine + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.

DOVATO
(dolutegravir + lamivudine)
One tablet once a day. Each tablet contains 50 mg dolutegravir + 300 mg lamivudine. Take with or without food.

GENVOYA
(elvitegravir + cobicistat + tenofovir alafenamide + emtricitabine)
One tablet once a day. Each tablet contains 150 mg elvitegravir + 150 mg cobicistat + 10 mg tenofovir alafenamide + 200 mg emtricitabine. Take with food.

JULUCA
(dolutegravir + rilpivirine)
One tablet once a day. Each tablet contains 50 mg dolutegravir + 25 mg rilpivirine. Take with a meal.

CIMDUO
(tenofovir disoproxil fumarate + lamivudine)
One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.

COMBIVIR*
(zidovudine + lamivudine)
One tablet twice a day. Each tablet contains 300 mg zidovudine + 150 mg lamivudine. Take with or without food.

DESCOXY
(tenofovir alafenamide + emtricitabine)
One tablet once a day. Each tablet contains 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.

EMTRIVA
(emtricitabine; FTC)
One 200 mg capsule once a day. Take with or without food.

EPIVIR*
(lamivudine; 3TC)
One 300 mg tablet once a day, or one 150 mg tablet twice a day. Take with or without food. Also approved for the treatment of hepatitis B virus (HBV) but at a lower dose. People living with both viruses should use the HIV dose.

EPZICOM*
(abacavir + lamivudine)
One tablet once a day. Each tablet contains 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*57:01 negative.

RETROVIR*
(zidovudine; AZT)
One 300 mg tablet twice a day. Take with or without food.

TRIZIVIR*
(abacavir + zidovudine + lamivudine)
One tablet twice a day. Each tablet contains 300 mg abacavir + 300 mg zidovudine + 150 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*57:01 negative.

APTIVUS
(tipranavir)
Two 250 mg capsules plus two 100 mg Norvir tablets twice a day. Aptivus plus Norvir should be taken with food.

CRIVIAN
(indinavir)
Two 400 mg capsules every eight hours, or two 400 mg capsules with either one or two 100 mg Norvir tablets twice a day. Drink at least 48 ounces of water daily to prevent kidney stones. Without Norvir: Take on an empty stomach (no food two hours before or one hour after dosing) or with a low-fat snack. With Norvir: Take with or without food.

EVOTAZ
(atazanavir + cobicistat)
One tablet once a day. Each tablet contains 300 mg atazanavir + 150 mg cobicistat. Take with food.

INVIRASE
(saquinavir)
Two 500 mg tablets plus one 100 mg Norvir tablet twice a day. Take with food or within two hours after a meal.

KALETRA
(lopinavir + ritonavir)
Two tablets twice a day, or four tablets once a day, depending on HIV drug resistance. Each tablet contains 200 mg lopinavir + 50 mg ritonavir. Take with or without food.

LEXIVA
(fosamprenavir)
Two 700 mg tablets twice a day, or two 700 mg tablets plus one or two Norvir tablets once a day, or one 700 mg tablet plus one Norvir tablet twice a day (recommended for individuals who have used other PIs in the past). Take with or without food.

PREZCOBIX
(darunavir + cobicistat)
One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat. Take with food.

EDURANT
(rilpivirine)
One 25 mg tablet once a day. Take with food.

INTELENCE
(etravirine)
One 200 mg tablet twice a day. Take with food.

PIFELTRO
(doravirine)
One 100 mg tablet once a day. Take with or without food.

RESCRIPTOR*
(delavirdine)
Two 200 mg tablets three times a day, or four 100 mg tablets three times a day. Take with or without food. Discontinued by manufacturer; phaseout to be completed by 2020.

SUSTIVA*
(efavirenz)
One 600 mg tablet once a day, or three 200 mg capsules once a day. Take on an empty stomach or with a low-fat snack. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.

VIRAMUNE*
(nevirapine)
One 200 mg Viramune immediate-release (IR) tablet once a day for the first 14 days, then one 400 mg Viramune extended-release (XR) tablet once a day. Take with or without food.

FUZEON
(enfuvirtide)
One 90 mg (1 mL solution) subcutaneous injection twice a day. Take with or without food. Fuzeon comes as a white powder that must be mixed with sterile water in a vial each day.

ODEFSEY
(rilpivirine + tenofovir alafenamide + emtricitabine)
One tablet once a day. Each tablet contains 25 mg rilpivirine + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with a meal.

STRIBILD
(elvitegravir + cobicistat + tenofovir disoproxil fumarate + emtricitabine)
One tablet once a day. Each tablet contains 150 mg elvitegravir + 150 mg cobicistat + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with food.

SYMFI AND SYMFI LO
(efavirenz + tenofovir disoproxil fumarate + lamivudine)
One tablet of either Symfi or Symfi Lo (above) once a day. Each tablet of Symfi contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Each tablet of Symfi Lo contains 400 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.

SYMTOZA
(darunavir + cobicistat + tenofovir alafenamide + emtricitabine)
One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat + 10 mg tenofovir alafenamide + 200 mg emtricitabine. Take with food.

TRIUMEQ
(dolutegravir + abacavir + lamivudine)
One tablet once a day. Each tablet contains 50 mg dolutegravir + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*57:01 negative.

TRUVADA
(tenofovir disoproxil fumarate + emtricitabine)
One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with or without food.

VIDEX EC*
(didanosine, ddI)
One 400 mg capsule once a day. (One 250 mg capsule once a day for those weighing less than 133 lbs.) Take on an empty stomach (two hours after or one hour before a meal). Brand-name product discontinued; phaseout to be completed by 2020.

VIREAD*
(tenofovir disoproxil fumarate)
One 300 mg tablet once a day. Take with or without food.

ZERIT*
(stavudine; d4T)
One 40 mg capsule twice a day. (One 30 mg capsule twice a day for those weighing less than 133 lbs.) Take with or without food. Brand-name product discontinued; phaseout to be completed by 2020.

ZIAGEN*
(abacavir)
One 150 mg tablet twice a day, or two 300 mg tablets once a day. Take with or without food. Should be used only by individuals who are HLA-B*57:01 negative.

PREZISTA
(darunavir)
One 800 mg tablet (or two 400 mg tablets) plus one 100 mg Norvir tablet, or one 150 mg Tybost tablet once a day, or one 600 mg tablet plus one 100 mg Norvir tablet twice a day, depending on drug resistance. Take with food.

REYATAZ*
(atazanavir)
Two 200 mg capsules once a day, or one 300 mg capsule plus one 100 mg Norvir tablet, or one 150 mg Tybost tablet once a day. Take with food.

VIRACEPT
(nelfinavir)
Two 625 mg tablets twice a day, or five 250 mg tablets twice a day, or three 250 mg tablets three times a day. Take with food.

NORVIR*
(ritonavir)
Six 100 mg tablets twice a day. The full dose of Norvir is rarely used. It is most often used at lower doses to boost the levels of other ARVs in the blood. Take with food.

TYBOST
(cobicistat)
One 150 mg tablet once a day in combination with ARVs that require boosting. Used only to boost other drugs. Take with food.

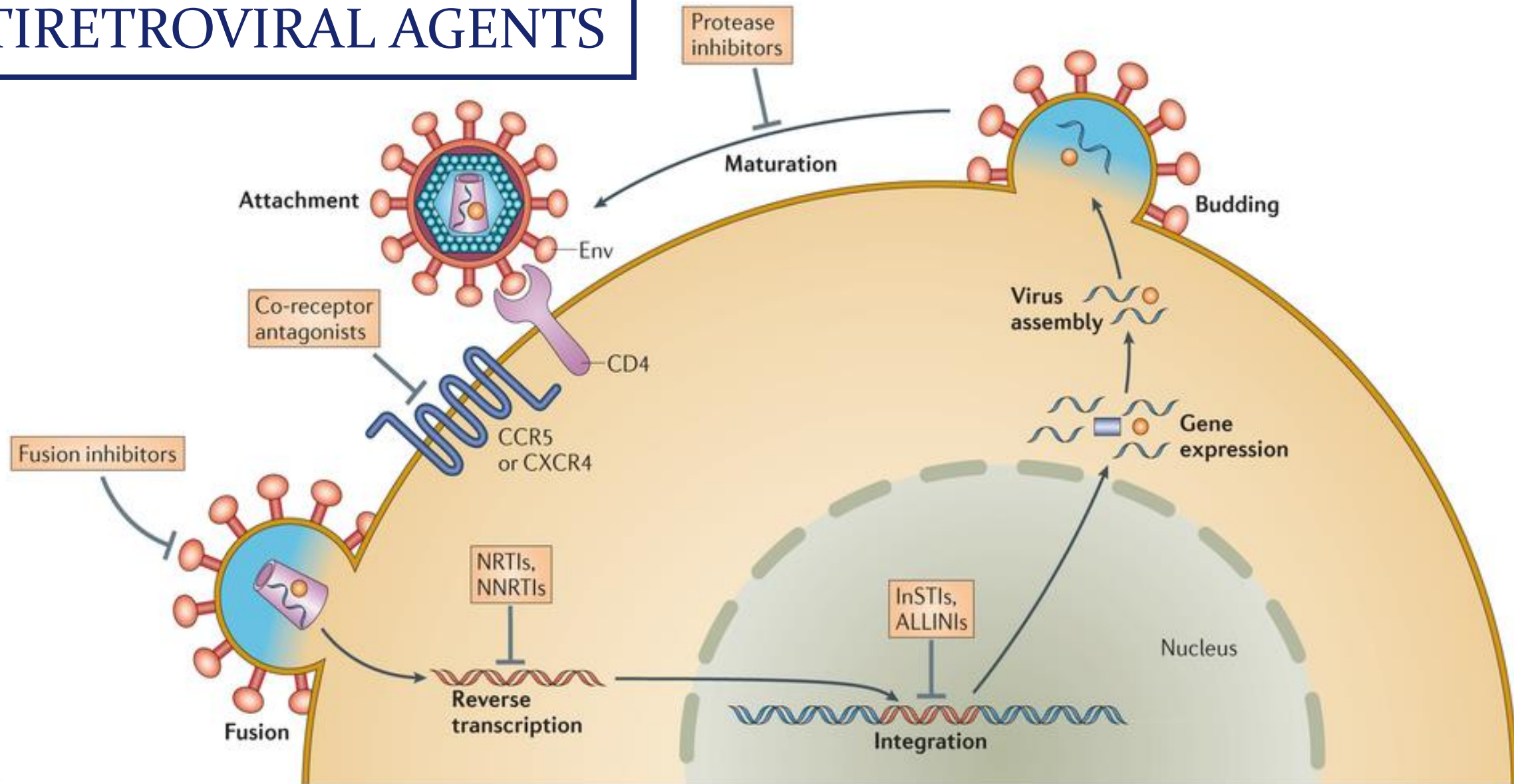
SELZENTRY
(maraviroc)
One 150 mg, 300 mg or 600 mg tablet twice a day, depending on other meds used. Take with or without food.

TROGARZO
(ibalizumab)
Administered intravenously as a single loading (or initial) dose of 2,000 mg followed by a maintenance dose of 800 mg every two weeks.

ISENTRESS
(raltegravir)
Two 600 mg ISENTRESS HD tablets (above) once a day for those who are treatment naive or whose virus has been suppressed on an initial regimen. One 400 mg ISENTRESS tablet twice daily for people with HIV treatment experience. Take with or without food.

TIVICAY
(dolutegravir)
One 50 mg tablet once a day for those first starting ARV therapy or for those who have not used an integrase inhibitor in the past. One 50 mg tablet twice a day for treatment-experienced individuals who have HIV that is resistant to other integrase inhibitors and when taken with certain ARVs. Take with or without food.

ANTIRETROVIRAL AGENTS





ANTIRETROVIRAL AGENTS

- Antiretroviral Therapy (ART) AKA “*cART*” AKA “*HAART*”
 - Backbone = 2 Nucleoside Reverse Transcriptase Inhibitors (NRTI)
- +
 - Anchor = 1 of the options below



ANTIRETROVIRAL AGENTS

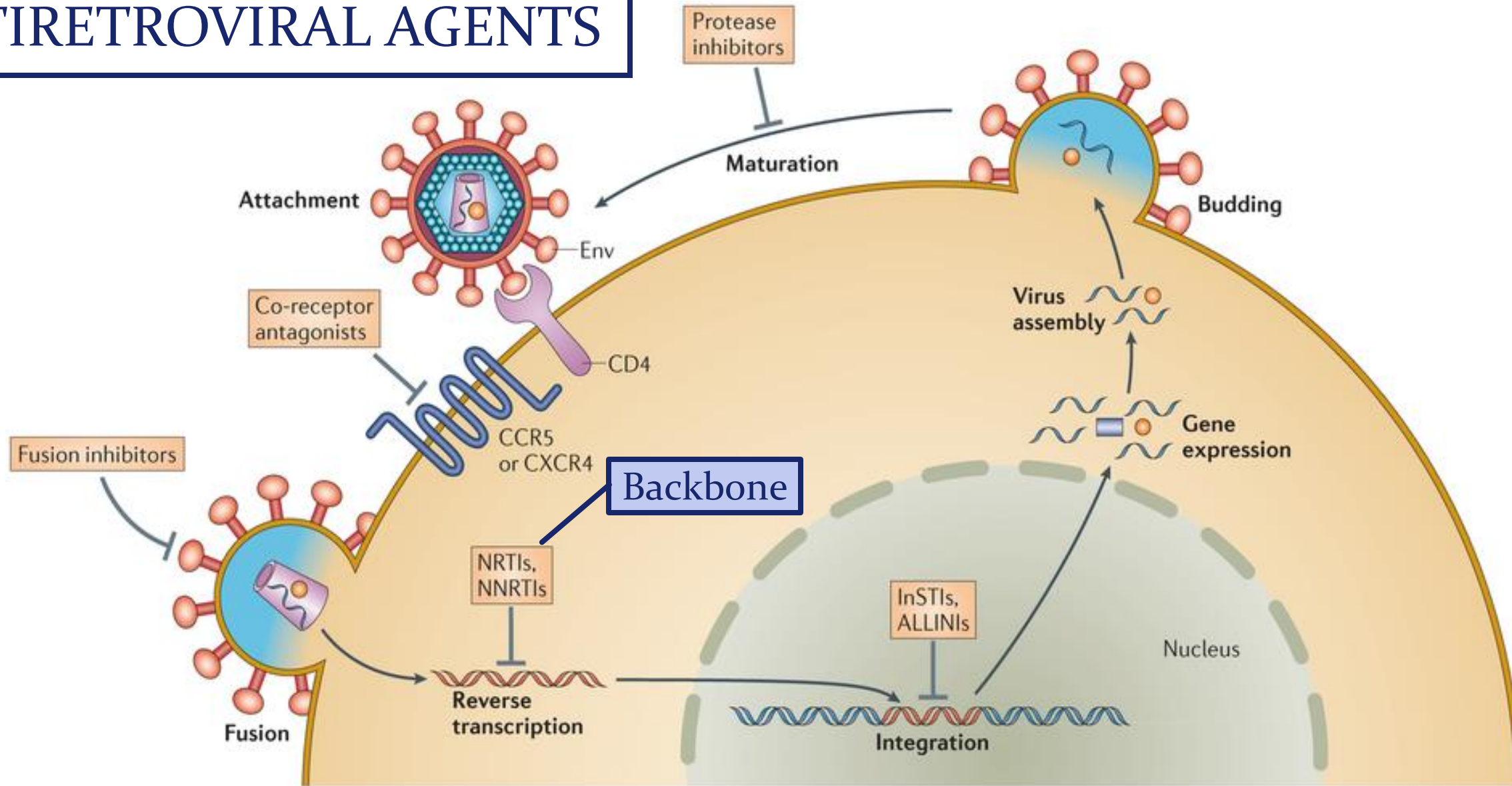
- Antiretroviral Therapy (ART) AKA (*cART*) (*HAART*)
 - Backbone = 2 Nucleoside Reverse Transcriptase Inhibitors (NRTI)

Recommended	ABC, FTC, 3TC, TAF, TDF
Salvage	ddI, d4T, ZDV

+

- Anchor = 1 of the options below

ANTIRETROVIRAL AGENTS





ANTIRETROVIRAL AGENTS

- Antiretroviral Therapy (ART) AKA (*cART*) (*HAART*)
 - Backbone = 2 Nucleoside Reverse Transcriptase Inhibitors (NRTI)

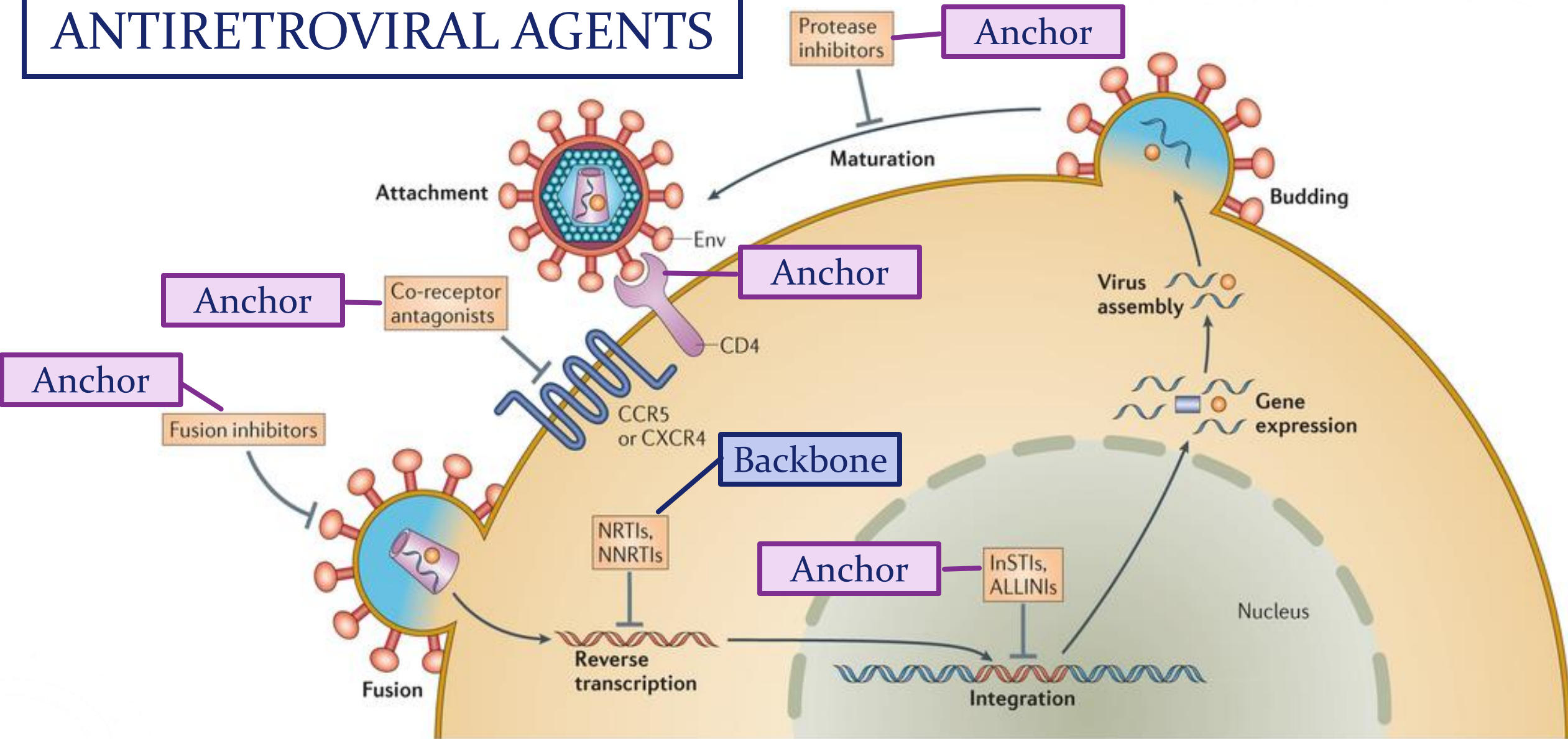
Recommended	ABC, FTC, 3TC, TAF, TDF
Salvage	ddI, d4T, ZDV

+

- Anchor = 1 of the options below

InSTI	DTG, EVG, RAL
NNRTI	DLV, DOR, EFV, ETR, NVP, RPV
PI	ATV, DRV, FPV, IDV, LPV, NFV, TPV, SQV
Entry/Fusion Inh	ENF, IBA, MVC

ANTIRETROVIRAL AGENTS





ANTIRETROVIRAL AGENTS DHHS RECOMMENDATIONS

First line recommended agents for treatment naïve individuals:

- TAF/FTC/BIC (*Biktarvy*)
- ABC/3TC/DTG (*Triumeq*)
- TDF/FTC or TAF/FTC (*Truvada* or *Descovy*) + DTG (Dolutegravir)
- TDF/FTC or TAF/FTC (*Truvada* or *Descovy*) + RAL (Raltegravir)



ANTIRETROVIRAL AGENTS DHHS RECOMMENDATIONS

Shift away from agents using Cobicistat (booster):

- TDF/FTC/EVG/c (*Stribild*) and TAF/FTC/EVG/c (*Genvoya*) are **no** longer 1st line agents for naïve individuals.
 - Cobicistat (c) causes more Cytochrome 3A4 associated drug interactions.
 - Elvitegravir (EVG) has a lower barrier to resistance than Dolutegravir (DTG) and Bictegravir (BIC).



ANTIRETROVIRAL AGENTS DHHS RECOMMENDATIONS

Recommended options when Tenofovir or Abacavir cannot be used
-and-

HIV RNA Qnt < 100,000 copies/mL and CD4 cell count is > 200/mm³:

- DTG (Dolutegravir) + 3TC (Lamivudine)
- DRV/r (boosted Darunavir) + RAL (Raltegravir)
- DRV/r (boosted Darunavir) + 3TC (Lamivudine)



ANTIRETROVIRAL AGENTS DHHS RECOMMENDATIONS

Recommended options when Tenofovir or Abacavir cannot be used
-and-

HIV RNA Qnt < 100,000 copies/mL and CD4 cell count is > 200/mm³:

- DTG (Dolutegravir) + 3TC (Lamivudine)
- DRV/r (boosted Darunavir) + RAL (Raltegravir)
- DRV/r (boosted Darunavir) + 3TC (Lamivudine)
- DTG + 3TC is noninferior to TDF/FTC + DTG
 - Virological failure
 - Development of resistance



OLD CONCEPT RENEWED DUAL THERAPY

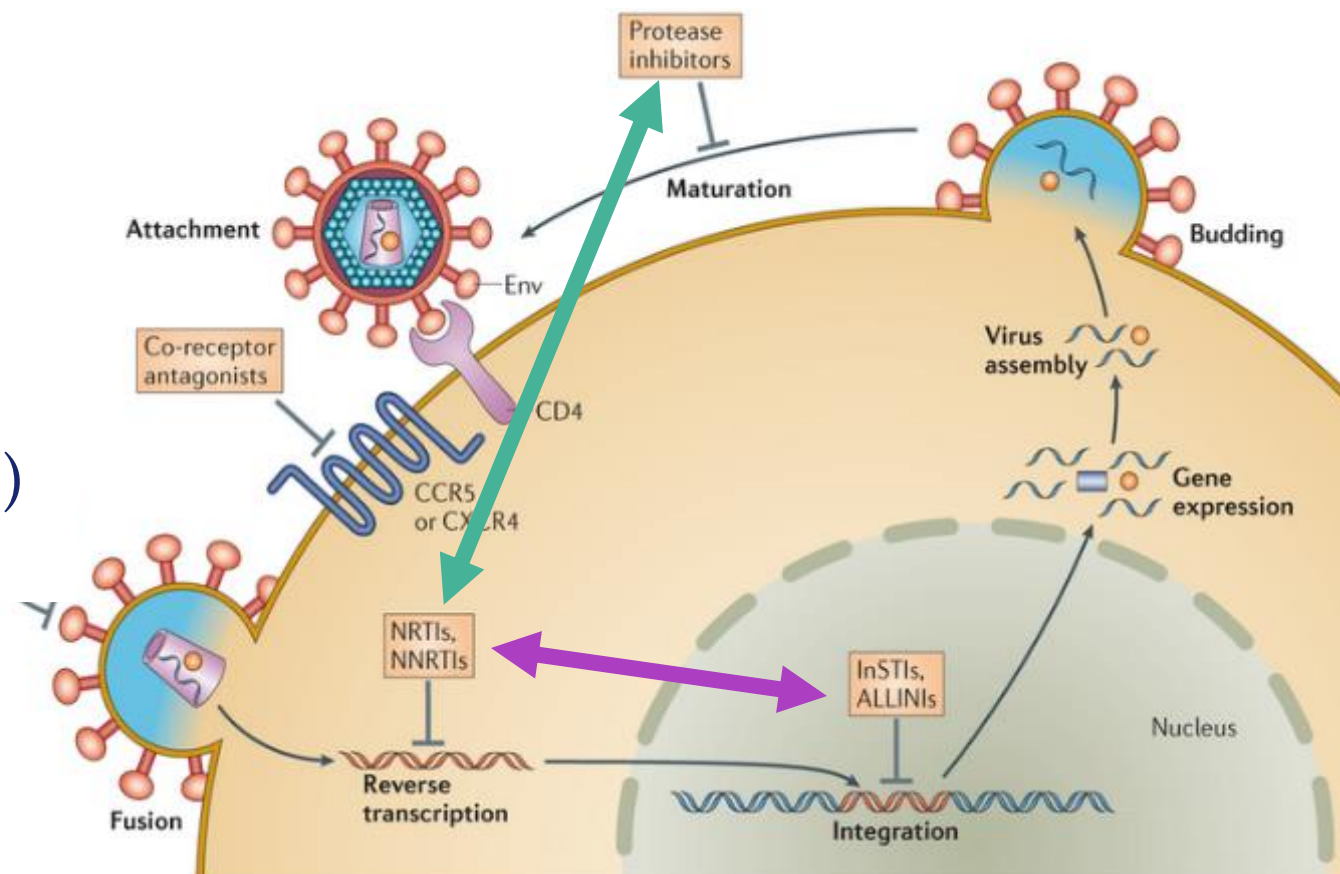
DHHS Guideline 2 Drug Options

- Dolutegravir (INSTI)
+
Rilpivirine (NNRTI)
- Boosted Protease Inhibitor (PI)
+
Lamivudine or Emtricitabine (NRTI)
 - ATV/r + 3TC or FTC
 - DRV/r + 3TC or FTC
 - LPV/r + 3TC or FTC

OLD CONCEPT RENEWED DUAL THERAPY

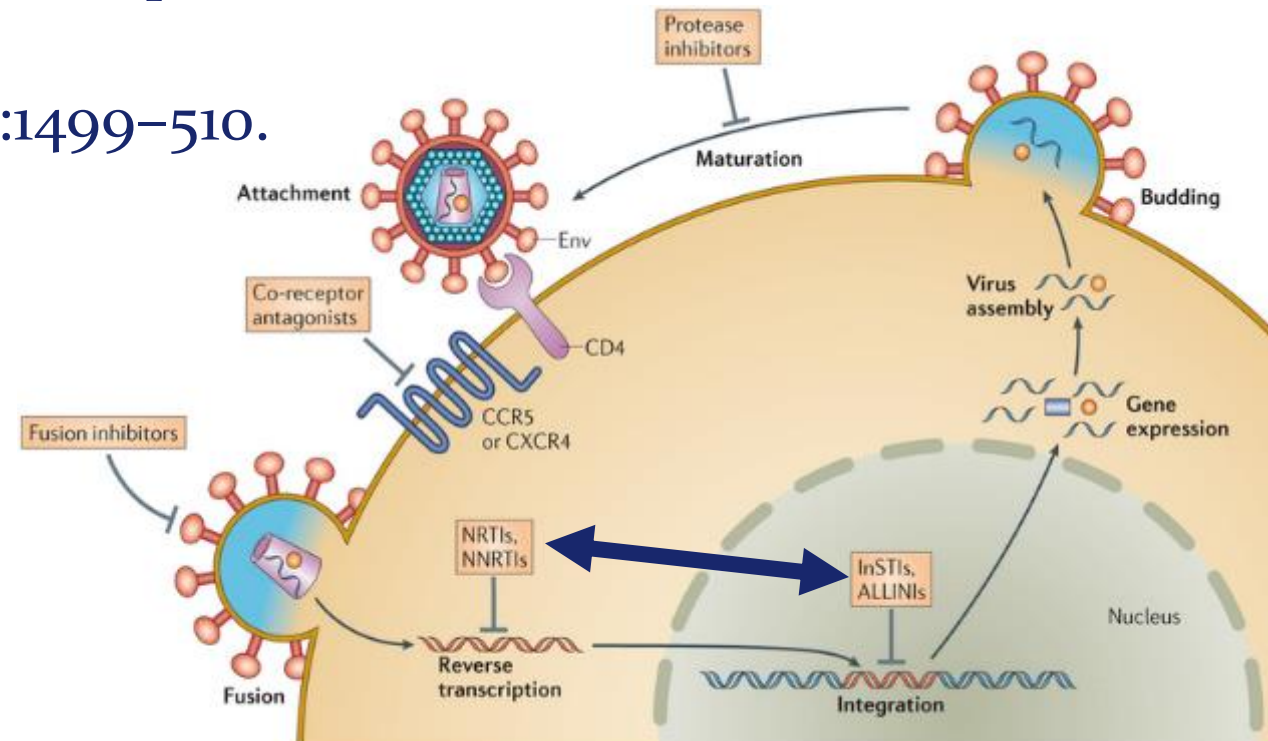
DHHS Guideline 2 Drug Options

- Dolutegravir (INSTI)
+
Rilpivirine (NNRTI)
- Boosted Protease Inhibitor (PI)
+
Lamivudine or Emtricitabine (NRTI)
 - ATV/r + 3TC or FTC
 - DRV/r + 3TC or FTC
 - LPV/r + 3TC or FTC



OLD CONCEPT RENEWED DUAL THERAPY - CARBOTEGRAVIR

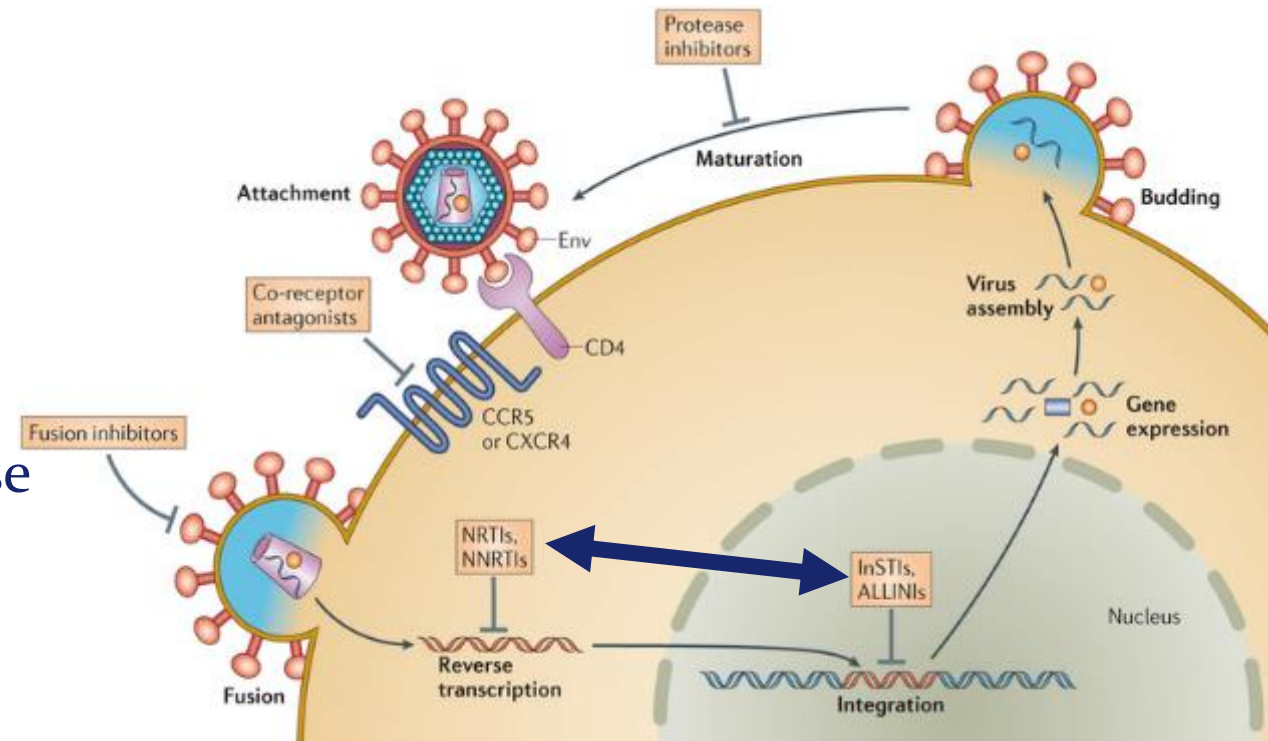
“Long-acting intramuscular Carbotegravir and
Rilpivirine in adults with HIV-1 infection (LATTE-2):
96-week results of a randomized, open-label, phase 2b,
non-inferiority trial”
Margolis DA, et al. *Lancet*. 2017;390:1499–510.



OLD CONCEPT RENEWED DUAL THERAPY - CARBOTEGRAVIR

“LATTE-2: 96-week results, phase-2b non-inferiority trial”
Margolis DA, et al. *Lancet*. 2017;390:1499–510.

- Carbotegravir
 - Integrase Strand Inhibitor (InSTI).
 - Analogue of Dolutegravir.
 - QMonth IM long-acting nanosuspension.
- Rilpivirine
 - Non-Nucleoside Reverse Transcriptase Inhibitor (NNRTI)





OLD CONCEPT RENEWED DUAL THERAPY - CARBOTEGRAVIR

“LATTE-2: 96-week results, phase-2b non-inferiority trial”
Margolis DA, et al. *Lancet*. 2017;390:1499–510.

96 Week Data	Carbotegravir IM + Rilpivirine IM Q4Weeks (n=115)	Carbotegravir IM + Rilpivirine IM Q8Weeks (n=115)	Carbotegravir PO + Abacavir/Lamivudine PO QDaily (n=56)
Virological Response (VL<50)	87%	94%	84%
Virological Non-Response	0	4%	2%



OLD CONCEPT RENEWED DUAL THERAPY - CARBOTEGRAVIR

“LATTE-2: 96-week results, phase-2b non-inferiority trial”
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Virological Response (VL<50)	87%	94%	84%
Virological Non-Response	0	4%	2%

- ATLAS-2M: Phase 3 study pending.

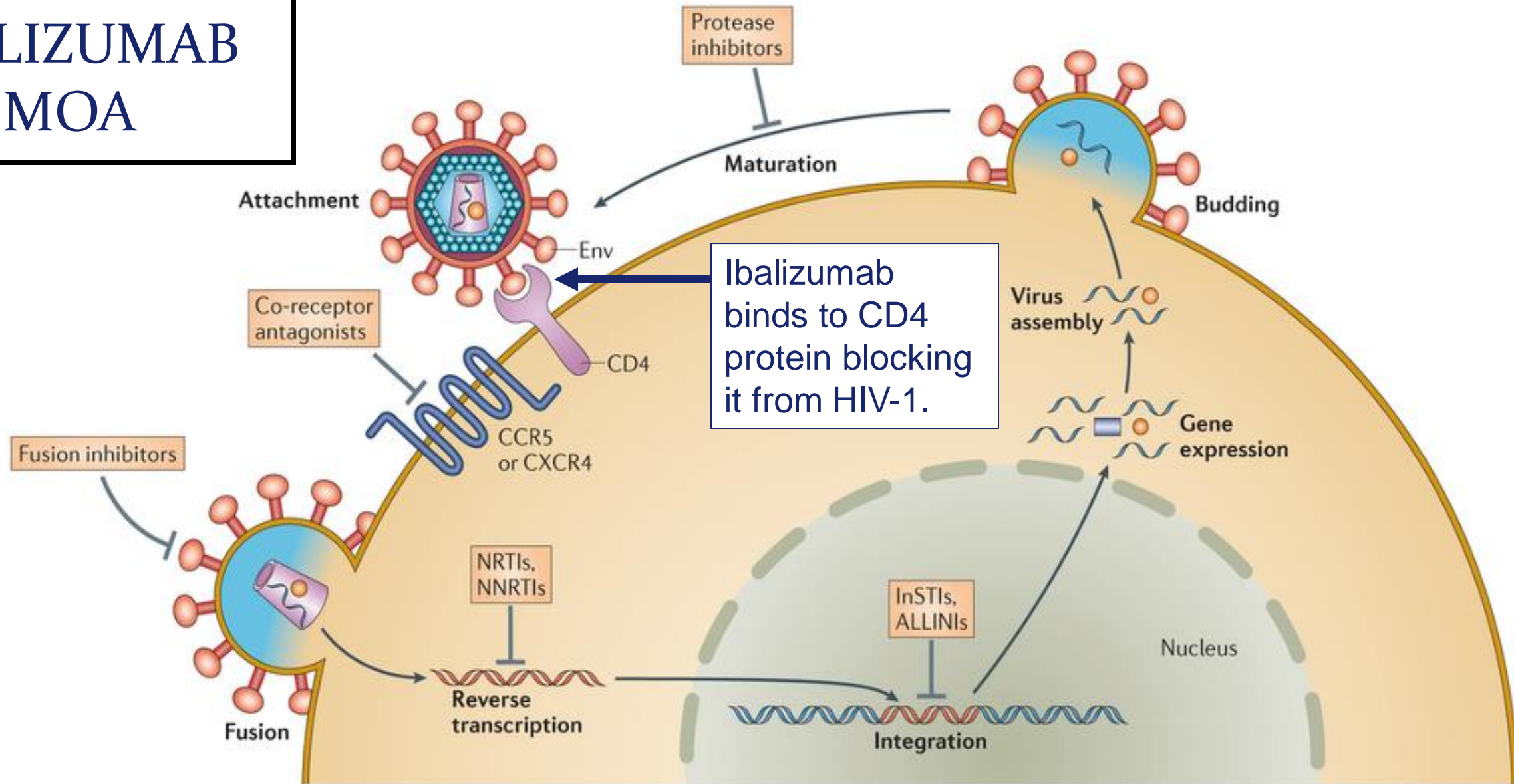


NOVEL TREATMENT IBALIZUMAB

“Phase 3 Study of Ibalizumab for Multidrug Resistant HIV-1”
Emu B, et al. *N Engl J Med*. 2018;379:645-654.

- Ibalizumab
 - Humanized IgG4 monoclonal antibody. (1st agent of its class)
 - Blocks the entry of HIV-1 by noncompetitive binding to CD4 surface protein on lymphocytes.
 - “Trogarzo” Q2 week IV infusions.
 - Indications: Multi-drug class resistant HIV-1 failing their current regimen.

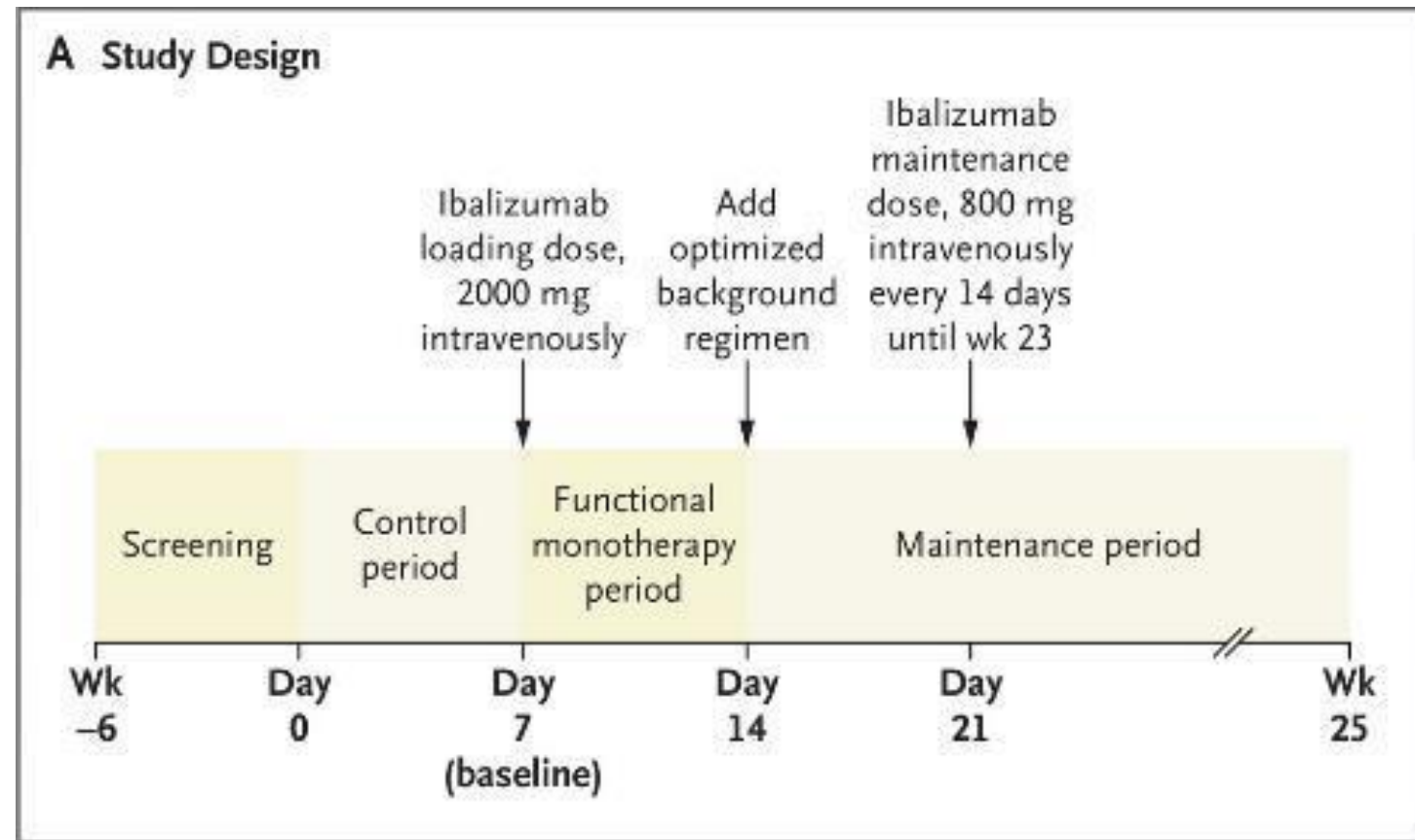
IBALIZUMAB MOA



NOVEL TREATMENT IBALIZUMAB

Emu B, et al. *N Engl J Med*.
2018;379:645-654.

- Open label, phase 3 study.
- Single-group (n=40)
- Adults with multidrug-resistant HIV-1 and multi-regimen failure.
 - Intervention: Ibalizumab monotherapy, then combined therapy.
 - Primary endpoint: Percentage of patients who decrease viral load by $\geq 0.5 \log_{10}$





NOVEL TREATMENT IBALIZUMAB

Emu B, et al. N Engl J Med. 2018;379:645-654.

Table 2. Virologic Response before and after Loading Dose of Ibalizumab and at 25 Weeks in the 40 Study Patients.*

Response	Before and after Loading Dose			Week 25
	Control Period	Functional Monotherapy Period	P Value	
Decrease in viral load of ≥ 0.5 log ₁₀ copies/ml — no. (%)	1 (3) [†]	33 (83)	<0.001	25 (63)
Decrease in viral load of ≥ 1.0 log ₁₀ copies/ml — no. (%)	0	24 (60)	NA	22 (55)
Mean change in viral load from baseline — log ₁₀ copies/ml	0.0 \pm 0.2	-1.1 \pm 0.6	<0.001	-1.6 \pm 1.5



NOVEL TREATMENT CRISPR-EDITED STEM CELLS

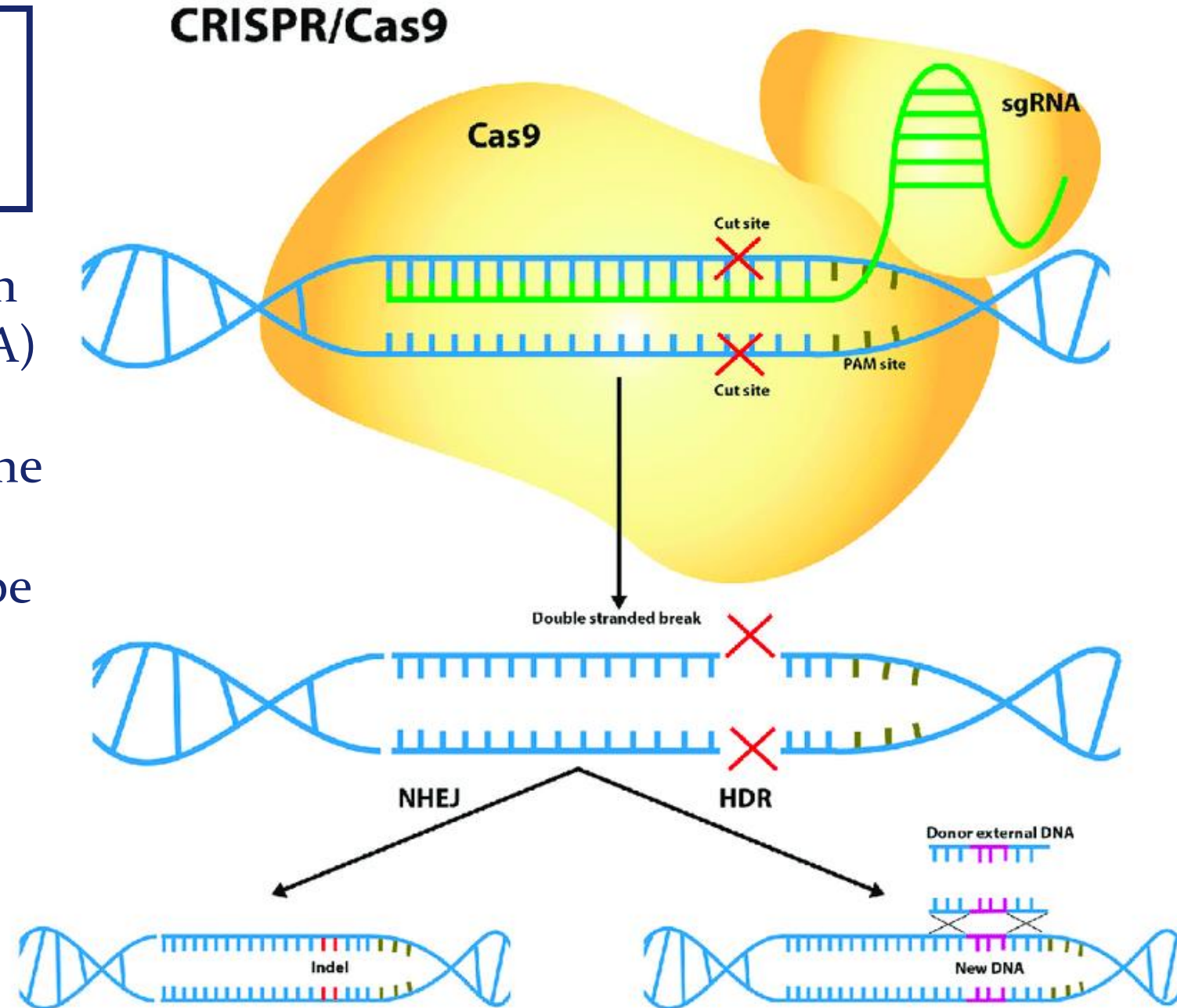
“CRISPR-Edited Stem Cells in a Patient with HIV and Acute Lymphocytic Leukemia”

Xu L, et al. *N Engl J Med*. 2019;381:1240-1247.

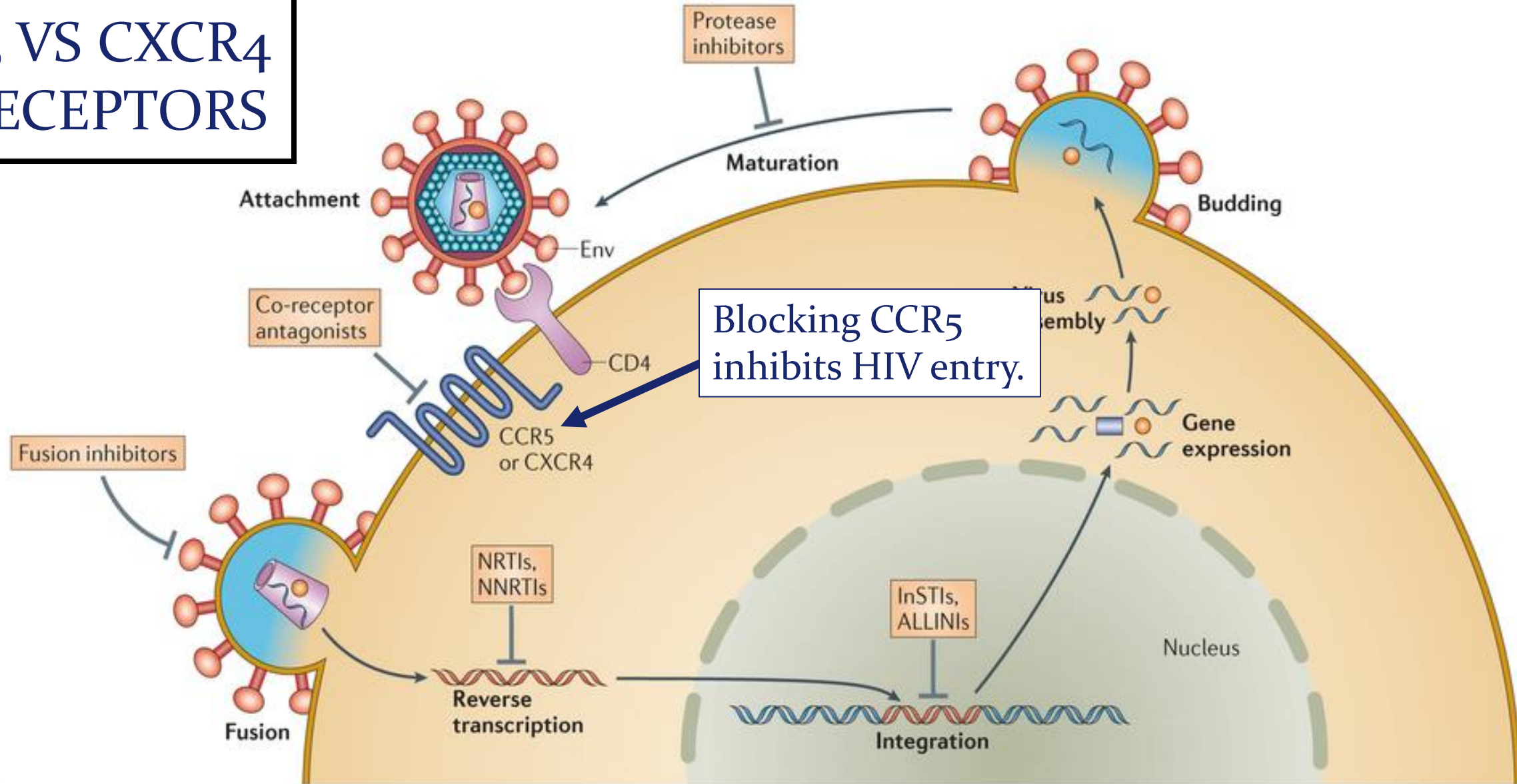
- “CRISPR” Gene Editing
 - Clustered Regularly Interspaced Short Palindromic Repeats
 - OK, is that supposed to mean something to me?
 - Create artificially disrupted CCR5 Hematopoietic Stem Cells.
- CCR₅
 - One of two cell membrane coreceptors necessary for HIV entry into lymphocytes.
 - People without normal CCR₅ are resistant to CCR₅ “tropic” HIV strains.

CRISPR-CAS₉

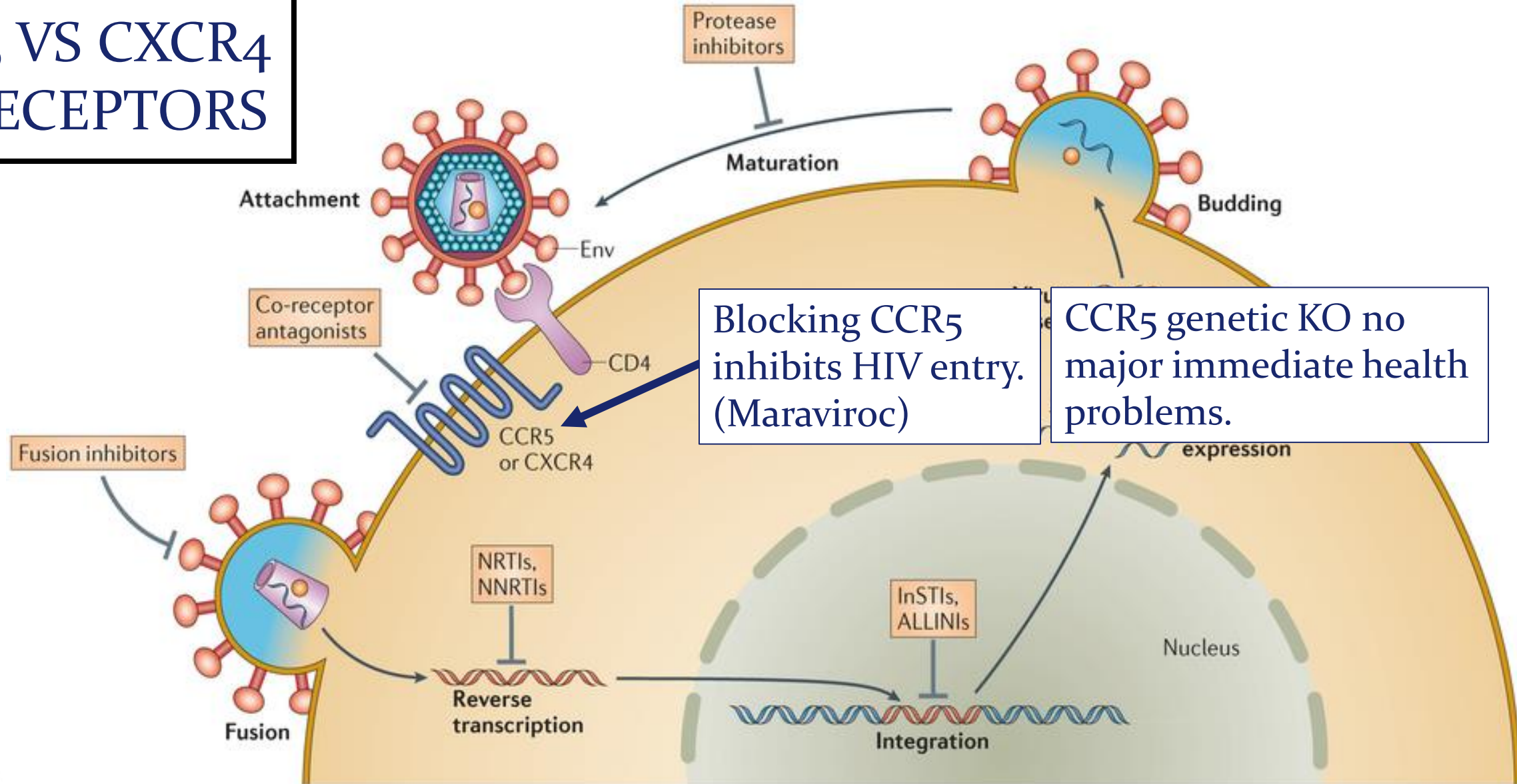
- Cas9 nuclease complexed with a synthetic guide RNA (sgRNA) cuts the cell's genome at a desired location targeted by the PAM.
- This allows existing genes to be removed and/or new ones added.



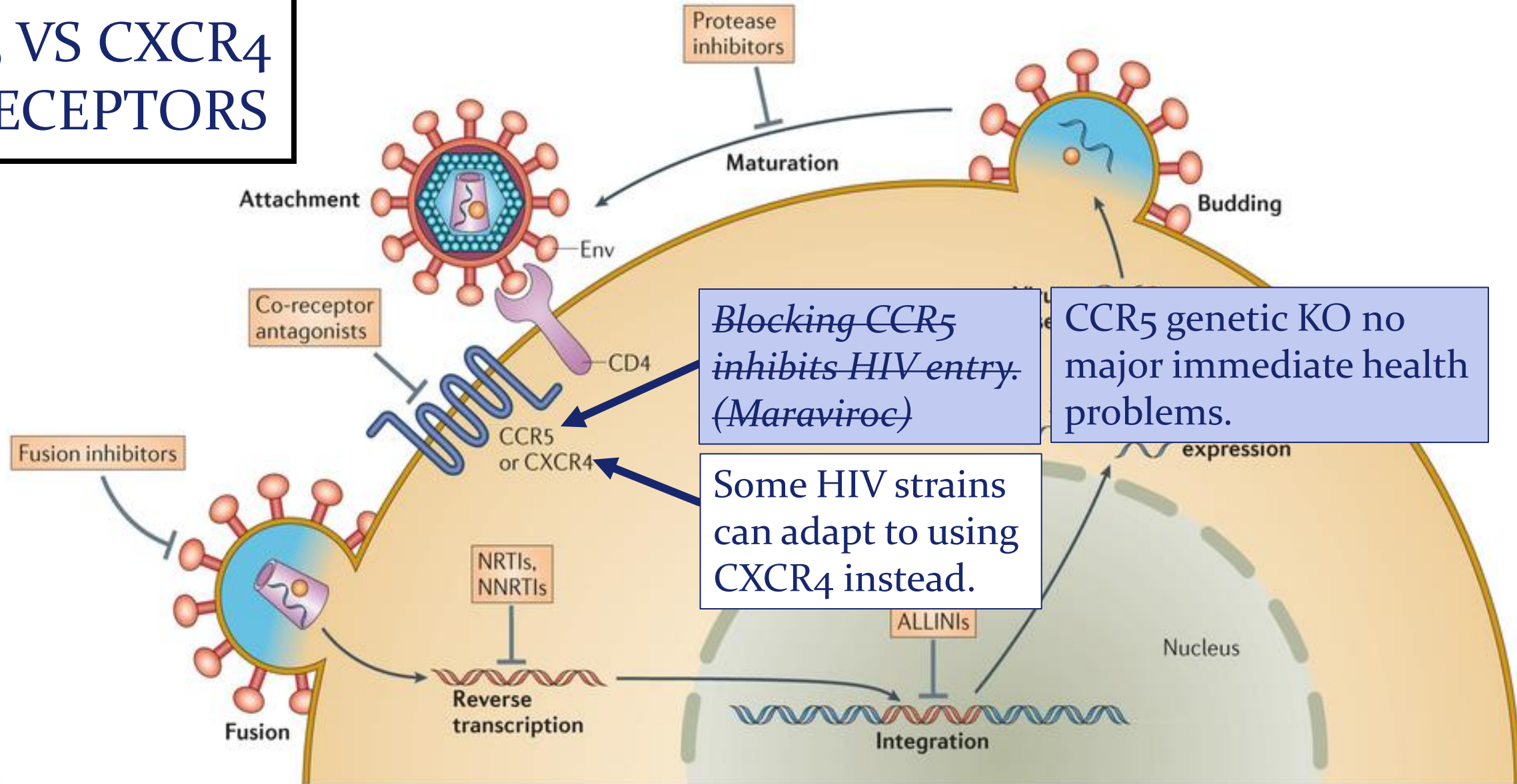
CCR5 VS CXCR4 CORECEPTORS



CCR5 VS CXCR4 CORECEPTORS



CCR5 VS CXCR4 CORECEPTORS



Nature Reviews | Microbiology



NOVEL TREATMENT CRISPR-EDITED STEM CELLS

“CRISPR-Edited Stem Cells in pt w/ HIV and ALL”

Xu L, et al. *N Engl J Med*. 2019;381:1240-1247.

- TR Brown, “The Berlin Patient”, was given HSCT from a matched donor with natural CCR5 deletion and remains undetectable from his pre-transplant HIV infection despite being off of ART.
 - Only approximately 1% of humans naturally have CCR5 deletion.



NOVEL TREATMENT CRISPR-EDITED STEM CELLS

“CRISPR-Edited Stem Cells in pt w/ HIV and ALL”

Xu L, et al. *N Engl J Med*. 2019;381:1240-1247.

- TR Brown, “The Berlin Patient”, was given HSCT from a matched donor with natural CCR5 deletion and remains undetectable from his pre-transplant HIV infection despite being off of ART.
 - Only approximately 1% of humans naturally have CCR5 deletion.
- CRISPR-Cas9 edited CCR5 deletion was performed on mice models of HIV showing some response.
 - Has not been done in humans yet.



NOVEL TREATMENT CRISPR-EDITED STEM CELLS

“CRISPR-Edited Stem Cells in pt w/ HIV and ALL”

Xu L, et al. *N Engl J Med*. 2019;381:1240-1247.

- 27y gentleman living w/ HIV/AIDS and Acute Lymphoblastic Anemia
 - CD4=528, VL=UD
 - ART=TDF, 3TC, LPV/r
 - CCR5 tropic
- Receives chemotherapy and HSCT w/ edited CCR5 cells.
- Stays on antiretroviral therapy the entire time.



NOVEL TREATMENT CRISPR-EDITED STEM CELLS

“CRISPR-Edited Stem Cells in pt w/ HIV and ALL”

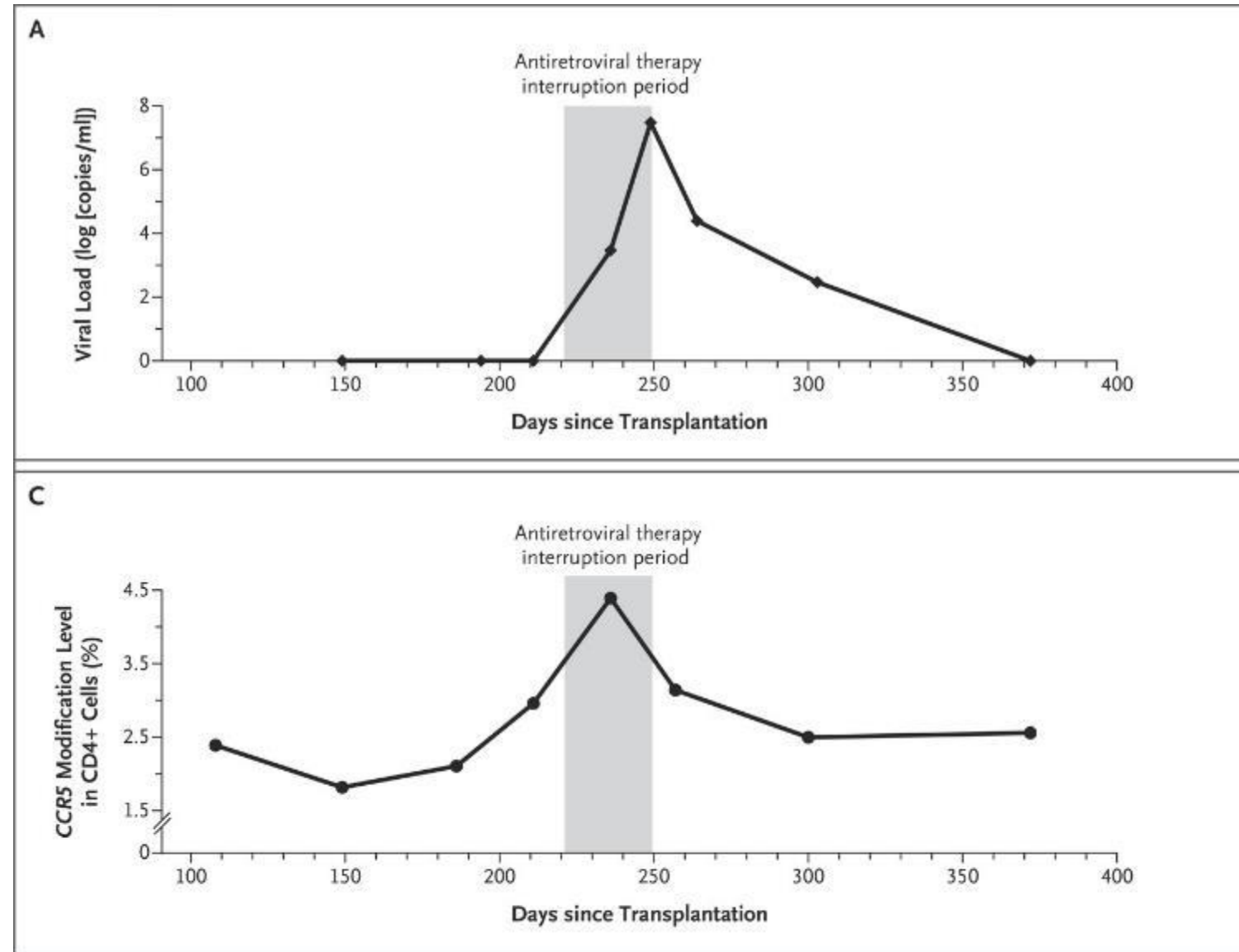
Xu L, et al. *N Engl J Med*. 2019;381:1240-1247.

- Receives 6 cycles of standard chemotherapy achieving remission.
- Receives HSCT (mix of CRISPR CCR5 edited CD34 and wt CD34 donor cells).
 - CD4=201, VL=UD at time of transplant
 - Myeloablative conditioning (Cyclophosphamide, total body XRT)
 - GVHD prophylaxis (Cyclosporine, MTX, Basiliximab, MMF)
- Antiretroviral medications are held on Day + 220 to Day +250.

CRISPR-EDITED STEM CELLS

Xu L, et al. *N Engl J Med*. 2019.

- Full donor chimerism occurs on Day +28.
 - In bone marrow, CCR5 ablation ranged 5.20% to 8.28%.
 - In CD4 lymphocytes, CCR5 peaked at 4.39%.





UNDETECTABLE=UNTRANSMITTABLE

U=U

- Started with the HIV treatment as prevention movement.
- To date, longitudinal studies demonstrate no effective risk of sexual transmission from an undetectable person living with HIV.
 - HPTN 052 Clinical Trial
 - PARTNER Study
 - PARTNER 2 Study
 - Opposites Attract Study



UNDETECTABLE=UNTRANSMITTABLE

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- To date, longitudinal studies demonstrate no effective risk of sexual transmission from an undetectable person living with HIV.
 - HPTN 052 Clinical Trial (2005-2015)
 - 1763 serodiscordant partners,
 - No phylogenetically linked HIV transmissions occurred in HIV suppressed individuals.
 - PARTNER 1 Study
 - PARTNER 2 Study
 - Opposites Attract Study



UNDETECTABLE=UNTRANSMITTABLE

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 - HPTN 052 Clinical Trial
 - PARTNER 1 Study (2010-2017)
 - 782 gay and heterosexual serodiscordant couples
 - HIV+=UD. HIV-=PrEP+/-.
 - No phylogenetically linked HIV transmission occurred.
 - PARTNER 2 Study (2010-2017)
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 - PARTNER 1 Study
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 - PARTNER 1 Study
 - PARTNER 2 Study
 - Opposites Attract Study (2012-2016)
 - 972 gay serodiscordant couples.
 - HIV+=UD. HIV-=Many were on PrEP.
 - No phylogenetically linked HIV transmission occurred.



SUMMARY

- The incidence of HIV/AIDS is decreasing, but the population of HIV-1 infected people continues to grow.
- Racial/ethnic minorities over-represent the HIV infected population and remain at risk for health care disparities.
- Late entry into care and poor adherence to care is strongly associated with increased mortality.
- Dual antiretroviral regimens are safe in specific populations w/ HIV RNA Qnt<100,000 c/mL.
- Ibaluzimab is a monoclonal antibody novel class entry inhibitor approved for treatment experienced patients with multiple class resistance.
- CRISPR-Cas9 gene editing may be a promising avenue for an HIV “cure”.
- Multiple longitudinal studies support UD=UT.



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