



BOCA RATON REGIONAL HOSPITAL

The Boca Raton Regional Hospital CME Committee
presents

16th Annual

Internal Medicine Conference

March 29-31, 2019

Boca Raton Marriott • Boca Raton, Florida

COURSE DIRECTORS:

Kenneth R. Rosenthal, M.D., FACP, FACG, AGAF

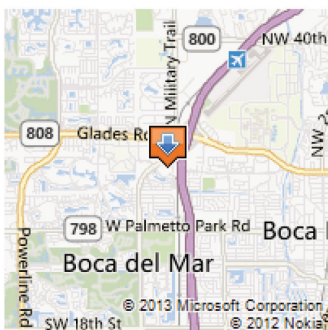
John F. Rubin, M.D., FACP

Michael B. Phillips, M.D., FACP



Hotel Information

MARRIOTT BOCA RATON: HOST HOTEL FOR THE 16th Annual Internal Medicine Conference



5150 Town Center Circle • Boca Raton, Florida 33486
1 888-888-3780 and Request:

The Internal Medicine rate at Boca Raton Marriott

Visit us online at www.marriott.com/pbibr or by calling
Central Reservations Office at 888-888-3780 and asking for rate
The booking code for
16th Annual Internal Medicine Update Conference is: BRRBRR

Your reservation for “The Internal Medicine Update” is just a click away! Please click below to receive your special rate of **\$209 per night** at The Boca Raton Marriott. This full service hotel is located in the heart of fashionable Boca Center just steps away from world-class shopping, restaurants and minutes from outdoor activities. The hotel is located 2.5 miles from the Atlantic Ocean and 25 miles from both Ft. Lauderdale and West Palm Beach International Airports. Hotel amenities include flat screen televisions in all guest rooms, luxurious down bedding, HSPA wireless services, and an oversized health club including outdoor pool & poolside-wet bar.

BOOK BY FEBRUARY 28, 2019

If you have questions, concerns, special requests or need to extend your reservation please contact In-House Rooms Coordinator Katherine M. Bonner at 561-620-3718 or kbonner@bocaratonmarriott.com

Course Directors and Guest Faculty

COURSE DIRECTORS



**Kenneth R. Rosenthal, MD,
FACP, FAGC, AGAF**
Chair-CME Committee
Gastroenterology/
Internal Medicine
Boca Raton Regional Hospital



John F. Rubin, MD, FACP
Vice Chair-CME Committee
Internal Medicine
Boca Raton Regional Hospital



**Michael B. Phillips, MD,
FACP**
Assistant Professor of Medicine
Consultant, Division of
Community Internal Medicine
Mayo Clinic Florida

GUEST FACULTY



Kevin M. Barrett, MD
Vice Chair
Department of Neurology
Mayo Clinic Florida



Jonathan Hand, MD
Assistant Professor of Medicine
The University of Queensland
School of Medicine
Ochsner Clinical School
Director, Antimicrobial
Stewardship Program



Jeffrey L. Garland, MD
Critical Care Specialist
Pulmonologist
Mayo Clinic Florida



Margaret Johnson, MD
Assistant Professor Medicine
Chair of Allergy &
Pulmonary Medicine
Mayo Clinic Florida

Guest Faculty



Philip O. Katz, MD
Professor of Medicine
Internal Medicine,
Gastroenterology
Weill Cornell Medical College
Cornell University



**Joseph Mikhael, MD, M Ed,
FRCPC, FACP**
Professor, Applied Cancer
Research and Drug Discovery
Translational Genomics
Research Institute (TGen)
City of Hope Cancer Center



Brian E. Lacy, MD, PhD
Department of
Gastroenterology and
Hepatology
Mayo Clinic Florida



**Juan Carlos Leoni
Moreno, MD**
Department of Transplant
Center, Heart Transplant
Program
Mayo Clinic Florida



**Joshua D. Lenchus, DO,
RPh, FACP, SFHM**
Regional Medical Officer,
Broward Health Medical Center
Speaker of the House,
Florida Medical Association
Immediate Past President,
Florida Osteopathic Medical
Association



Peter M. Pollak, MD
Interventional Cardiologist
Department of Cardiovascular
Medicine
Mayo Clinic Florida

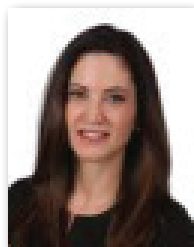


**Elizabeth A. Mauricio,
MD**
Electrodiagnostic Physician
Department of Neurology
Mayo Clinic Florida



**Megan L. Ranney, MD,
MPH, FACEP**
Associate Professor
Department of Emergency
Medicine
Rhode Island Hospital
Alpert Medical School of
Brown University

Guest Faculty



Amy B. Schiffman, MD
Allergy Immunology
Boca Raton Regional Hospital



**Benjamin Wang, MD,
FRCPC**
Assistant Professor of
Medicine
Division of Rheumatology
Mayo Clinic Florida



Ivonne H. Schulman, MD
Katz Family Division of
Nephrology and
Hypertension
University of Miami,
Leonard M. Miller School
of Medicine



Abba C. Zubair, MD, PhD
Associate Professor of
Laboratory Medicine and
Pathology
Cancer Center
Mayo Clinic Florida



**Laurence Sperling, MD,
FACC, FACP, FAHA,
FASPC**
Katz Professor in
Preventive Cardiology
Director of the Emory Heart
Disease Prevention Center
Emory University

Agenda

DAY 1 – FRIDAY, MARCH 29, 2019

- 11:30-11.45 a.m. REGISTRATION/EXHIBITS
- 11:45-12:00 p.m. WELCOME AND INTRODUCTION
- 12:00-1:00 p.m. **Luncheon Lecture:**
REDUCING GUN DEATH: WHAT PHYSICIANS
CAN DO NOW
Megan Ranney, M.D.
*Brown University/Injury Prevention Center of
Rhode Island Hospital*

PULMONARY

- 1:00-1:30 p.m. PULMONARY YEAR IN REVIEW
Margaret M. Johnson, M.D.
Mayo Clinic Florida
- 1:30-2:00 p.m. PULMONARY NODULES AND LUNG CANCER
SCREENING
Margaret M. Johnson, M.D.
Mayo Clinic Florida
- 2:00-2:15 p.m. BREAK/QUESTIONS/EXHIBITS

ALLERGY IMMUNOLOGY

- 2:15-2:45 p.m. HIDDEN COST OF PENICILLIN ALLERGY
Amy Schiffman, M.D.
Boca Raton Regional Hospital

CARDIOLOGY

- 2:45-3:15 p.m. CARDIOLOGY UPDATE 2019
Peter M. Pollak, M.D.
Mayo Clinic Florida
- 3:15-3:45 p.m. CONGESTIVE HEART FAILURE
Juan Carlos Leoni Moreno, M.D.
Mayo Clinic Florida
- 3:45-4:00 p.m. BREAK/QUESTIONS/EXHIBITS

ENDOCRINOLOGY

- 4:00-5:00 p.m. OPIOID CRISIS AND ISSUES
Joshua D. Lenchus, D.O.
Broward Health Medical Center
- 5:00-6:00 p.m. COCKTAIL PARTY - Boca Raton Marriott

DAY 2 – SATURDAY, MARCH 30, 2019

7:00-7:30 a.m. REGISTRATION/BREAKFAST/EXHIBITS

RHEUMATOLOGY

7:30-8:00 a.m. HIGH VALUE RHEUMATOLOGY TESTS
Benjamin Wang, M.D.
Mayo Clinic Florida

8:00-8:30 a.m. PSORIATIC ARTHRITIS
Benjamin Wang, M.D.
Mayo Clinic Florida

8:30-8:45 a.m. BREAK/QUESTIONS/EXHIBITS

CARDIOLOGY

8:45-9:15 a.m. USE OF RISK ASSESSMENT TOOLS TO GUIDE
DECISION-MAKING IN THE PRIMARY PREVENTION
OF ATHEROSCLEROTIC CARDIOVASCULAR DISEASE
Laurence Sperleng, M.D.
Emory University

INFECTIOUS DISEASE

9:15-9:45 a.m. IMPLEMENTING HOSPITAL ANTIBIOTIC STEWARDSHIP
Jonathan Hand, M.D.
Ochsner Health System

9:45-10:00 a.m. BREAK/QUESTIONS/EXHIBITS

GASTROENTEROLOGY

10:00-10:30 a.m. HELICOBACTER PYLORI UPDATE
Brian Lacy, MD, PhD
Mayo Clinic Florida

10:30-11:00 a.m. IRRITABLE BOWEL SYNDROME
Brian Lacy, MD, PhD
Mayo Clinic Florida

11:00-11:30 a.m. PROTON PUMP INHIBITORS ADVERSE EVENTS:
FACT OR FICTION?
Philip O. Katz, M.D.
Weill Cornell Medicine

11:30-11:45 a.m. BREAK/QUESTIONS/EXHIBITS

11:45-12:45 p.m. **LUNCHEON LECTURE:**
CHRONIC TRAUMATIC ENCEPHALOPATHY (CTE)
Kevin Barrett, M.D.
Mayo Clinic Florida

12:45-1:00 p.m. QUESTIONS/DISCUSSION/ADJOURNMENT

DAY 3 – SUNDAY, MARCH 31, 2019

7:00-7:30 a.m. REGISTRATION/BREAKFAST/EXHIBITS

NEPHROLOGY

7:30-8:30 a.m. HOT TOPICS IN NEPHROLOGY
Ivonne H. Schulman, M.D.
University of Miami Leonard M. Miller School of Medicine

8:30-9:00 a.m. HYPERTENSION UPDATE
Ivonne H. Schulman, M.D.
University of Miami Leonard M. Miller School of Medicine

9:00-9:15 a.m. BREAK/QUESTIONS/EXHIBITS

HEMATOLOGY

9:15-9:45 a.m. IS THE M-SPIKE IMPORTANT
Joseph Mikhael, MD, M Ed
Arizona State University

9:45-10:15 a.m. DIRECT ORAL ANTICOAGULANT UPDATE (DOAC)
Jeffrey L. Garland, M.D.
Mayo Clinic Florida

10:15-10:45 a.m. UPDATE ON TRANSFUSION MEDICINE
Abba C. Zubair, M.D.
Mayo Clinic Florida

10:45-11:00 a.m. BREAK/QUESTIONS/EXHIBITS

NEUROLOGY/OPHTHALMOLOGY

11:00-11:30 a.m. STROKE - ACUTE MANAGEMENT IN 2019
Kevin M. Barrett, M.D.
Mayo Clinic Florida

11:30-12:00 p.m. EVALUATION OF DIZZY PATIENTS
Elizabeth Mauricio, M.D.
Mayo Clinic Florida

12:00-12:30 p.m. QUESTIONS/DISCUSSION/ADJOURNMENT

STATEMENT OF NEED

The field of Internal Medicine is a diverse and important specialty in today's patient-centered healthcare environment. An educational gap analysis has identified areas that must be addressed. Internal Medicine Physicians must maintain skills and competency in this constantly changing environment. To address these issues and close the gaps, this annual update presents current thinking and up to date information was developed for Internal Medicine Physicians.

EDUCATIONAL OBJECTIVES

Upon completion of this seminar, participants should be able to:

- Assess recent advances in clinical medicine and related sciences in light of the supporting evidence;
- Apply updated knowledge of Internal Medicine to clinical practice to improve patient care;
- Outline the clinical implications of recent research in selected areas of Internal Medicine;
- Evaluate and respond to changes in the external practice environment and their potential impact on medical practice and patient care; and
- Improve clinical practice by incorporating major new developments in subspecialty medicine.

OUTCOMES

- Internists and other primary care practitioners will benefit from the information provided in this seminar, which would translate into improved clinical outcomes;
- Implement new approaches to primary and secondary prevention of important and common diseases.

SUGGESTED PARTICIPANTS

This conference is ideal for Internists, Family Physicians, Residents, Physician Assistants, Nurses, Faculty, Medical Students and other health professionals interested in refreshing their knowledge of Internal Medicine.

ACCREDITATION STATEMENT

Boca Raton Regional Hospital is accredited by the Florida Medical Association to provide continuing medical education for physicians. Boca Raton Regional Hospital takes responsibility for the content, quality and scientific integrity of this CME activity.

CONTINUING EDUCATION CREDIT

Boca Raton Regional Hospital designates this Live Activity for a maximum of 14.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity also approved for 14.0 CEU Nursing Credits.

POLICY ON FACULTY AND PROVIDER DISCLOSURE

It is the policy of Boca Raton Regional Hospital that the faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, as well as disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Boca Raton Regional Hospital CME Committee has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made in the course handout materials.

AMERICAN WITH DISABILITIES ACT (ADA)

Boca Raton Regional Hospital fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us at 561-955-4088 if you have any special needs.

EDUCATIONAL GRANTS

At the time of this printing, a complete list of commercial supporters was not available. Acknowledgement will be given to all supporters at the conference.

Meeting Registration

Registration and Payment

Mail registration form and your check (made payable to the BRRH CME Fund) to
Rana Dole, CME Coordinator, CME Office at Boca Raton Regional Hospital,
800 Meadows Rd., Boca Raton, Florida 33486

Registration Fee

(Includes all Educational Sessions, Continental Breakfast, Breaks and Lunch)
Non – BRRH Physicians: \$195.00 (NO CREDIT CARDS PLEASE)

Complimentary registration to all BRRH Medical Staff, FAU Faculty, Medical Students, Nurses and BRRH Employees

Name (please print clearly) _____

Address _____ City _____ State _____ Zip _____

Office Phone _____ Fax _____ E-mail _____

Specialty _____ Institution / Organization _____

BRRH Physician # _____

For more information E-mail Rdole@brrh.com

Boca Raton Regional Hospital Physicians may fax their registration to (561) 955-4825.
You can also register online: <http://www.brrh.com/IM2019>

CME Office
Boca Raton Regional Hospital
800 Meadows Road
Boca Raton, Florida 33486

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